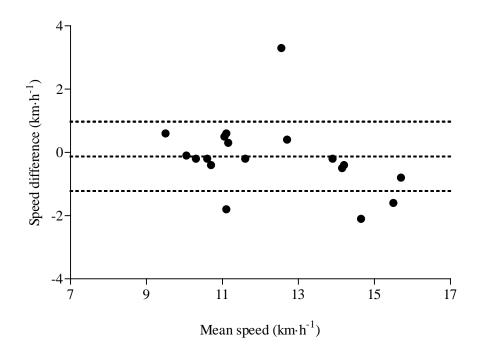


1

Figure 1 Bland-Altman plot of mean bias and absolute limits of agreement of speed at the 2.0 mmol·1⁻
¹ fixed blood lactate accumulation between first and second trials of incremental treadmill running of

4 4 min stages (dotted lines: 95% limits of agreement).



5

Figure 2 Bland-Altman plot of mean bias and absolute limits of agreement of speed at the 1 mmol· 1^{-1} rise from baseline between first and second trials of incremental treadmill running of 8 min stages (dotted lines: 95% limits of agreement) (n = 18; data point excluded where blood lactate response did not satisfy marker criteria for speed calculation).