

# BU health research in Nepal

Edwin van Teijlingen, Jillian Ireland & Alan Mercel-Sanca

BU PhD students: Jib Acharya, Pratik Adhikary, Sheetal Sharma,



### Overview



# Bournemouth University health-related projects in Nepal:

- Improving maternity care
- Nepali migrant workers & health
- Nutrition & poverty
- Views of maternity care staff
- Use of health and social care services among people from Nepal living in the UK
- Maoist rebel health workers
- Trafficked women



### Improving maternity care I







- UK-Nepal study led by Dr. Padam Simkhada (Sheffield Univ).
- Before-and-after study of health promotion intervention with control area.
- BU PhD student Ms. Sheetal Sharma
- Funded by Buddhist charity GTT.
- Supported by a lot of student work (M.Sc. & Ph.D.).



### Improving maternity care II

Simkhada et al. BMC Pregnancy and Childbirth 2010, 10:34 http://www.biomedcentral.com/1471-2393/10/34



Some papers
published based on
research supported by
Green Tara Trust

#### RESEARCH ARTICLE

**Open Access** 

The role of mothers-in-law in antenatal care decision-making in Nepal: a qualitative study

Bibha Simkhada\*1, Maureen A Porter†1 and Edwin R van Teijlingen†2

#### **BMC Pregnancy and Childbirth**



Research article

Open Access

**Utilisation of postnatal care among rural women in Nepal** Sulochana Dhakal\*<sup>1</sup>, Glyn N Chapman<sup>1</sup>, Padam P Simkhada<sup>1</sup>, Edwin R van Teijlingen<sup>1</sup>, Jane Stephens<sup>2</sup> and Amalraj E Raja<sup>1</sup>

Kathmandu University Medical Journal (2006), Vol. 4, No. 2, Issue 14, 258-263

Review Article

Major problems and key issues in Maternal Health in Nepal

Simkhada B1, van Teijlingen ER2, Porter M3, Simkhada P4



### Nepalese as migrants

### Nepalese Migrant workers in the Middle East & Malaysia: Health status & risk BU PhD student Pratik Adhikary

#### BMC International Health and Human Rights



Open Access

**HEALTH SCIENCE JOURNAL ®** 

Research article

Health and lifestyle of Nepalese migrants in the UK

Pratik Adhikary, Padam P Simkhada\*, Edwin R van Teijlingen and Amalraj E Raja

Health Issues among Nepalese migrant workers in the Middle East

Pratik Adhikary 1, Steven Keen 2, Edwin van Teijlingen 3

- 1. MSc, MA, PhD Student, School of Health & Social Care, Bournemouth University, UK
- PhD, MA, BA (Hons), Senior Lecturer in Research, Centre for Social Work & Social Policy, Bournemouth University, UK
- PhD, MEd, MA (Hons), Professor, Maternal & Perinatal Health, School of Health & Social Care, Bournemouth University, UK



# Partnership on improving Access to Research Literature for Higher Education Institutions in Nepal (PARI)















Prof. Dr. Ram Sharan Pathak

Dr. Padam Simkhada

Dr. Bhimsen Devkota

Prof. Dr. Edwin van Teijlingen

Dr. Julie Bruce





Research Methods Coverage in Nepal

Research Methods Coverage in Medical and Health Science Curricula in Nepal

Simkhada P1-6, van Teijlingen E5-9, Pokharel T10-13, Devkota B14-15 and Pathak RS16-17

<sup>1</sup>Senior Lecturer in International Health, School of Health and Related Research (ScHARR), University of Sheffield, Sheffield, UK

### शैक्षिक अनुसन्धानलाई सहयोग

काठमाडौँ, मॉसर १७ (नागरिक) - नेपालमा स्वास्थ शिक्षा प्रदान गर्ने शैक्षिक संस्थाको अनुसन्धानात्मक क्षमता विकास गर्ने उद्देश्यले त्रिभुवन विश्वविद्यालय, जनसंख्या अध्ययन विभाग युनिभर्सिटी अफ एवर्डिन, वर्नेमाउध विश्वविद्यालय युके र डेभ्लेपमेन्ट रिसर्च सेन्टर काठमाडौँले साभ्केदारी गरेका छन्।

अनुसन्धान परियोजनाअर्न्तगत उच्चिशिक्षाका शिक्षकलाई अनुसन्धानमूलक तालिम दिनको लागि ब्रिटिस काउन्सिल र बेलायती अन्तर्राष्ट्रिय विकास सहयोग नियोगले ६७ लाख १० हजार आर्थिक सहयोग गरेका छन । मंगलबार एक कार्यक्रमबीच सहयोग

सम्भौता भयो। परियोजनाले उच्चिशिक्षा प्रदान गर्ने शैक्षिक संस्थाको अनुसन्धान कृतिमा पहुँच वृद्धि गर्ने, चिकित्सा विज्ञान, नर्सिङ तथा जनस्वाथ्य पढाउने शैक्षिक संस्थाको अनुसन्धान क्षमता बढाउने लक्ष्य लिएको छ। तीन वर्षे परियोजनाअ तंगत स्नास्थ्य शिक्षा अध्यापन गराईरहेका चास्वटै विश्वविद्यालयका शिक्षकलाई तालिम दिइने छ।

त्रिभुवन, पूर्वाञ्चल, काठमाडौँ र पोखरा आधुनिक अनुसन्धानसँग परिचित गराउने जनसंख्या केन्द्रीय विभागका विभागीय प्रमुख प्रेमिसंह विष्टले बताए। अनुसन्धानमूलक तालिम नेपाली उच्च शिक्षा क्षेत्रमा कोसे हुंगा सावित हुने एवनि विश्वविद्यालयका प्राध्यापक तथा मनमोहन स्मृति स्वास्थ्य विज्ञान प्रतिष्ठानका आगन्तुक प्राध्यापक डा. पदम सिम्बडाको भनाइ छ। सिम्बडाले भने, 'यो परियोजनाले नेपालको अनुसन्धान तथा शिक्षण प्रणालीमा थप सहयोगका लागि प्रोत्साहन गर्ने छ।'

बर्नेमाउथ विश्वविद्यालयका प्राध्यापक तथा मनमोहन स्मृति स्वास्थ्य प्रतिष्ठानका आगन्तुक



### PARI: news coverage English & Nepali

# Resource crunch alling health researches

By A Staff Reporter
Kathmandu, Dec. 4

Nepal's ability to carry out health researches based on evidences has been seriously curtailed owing to its acute dearth of resources and technical know-how.

Taking Nenal'e thic

various journals it is not hard for anyone to keep a tab on information and evidences essential for carrying out such researches in the nation.

However, in the university teachers in Nepal are mainly depended on old notes and University and Tribh University.

The study starts a curriculum review all health-related cou at the major universi Simkhada informed.

"It will help design curriculum with gre

### अनुसन्धान आधारित अध्ययन



हाम्रो शिक्षाको पाठ्यक्रम फेरिन १० वर्ष लाग्छ। गुरुहरू आफूले पढेको कुरा मिनेटमिनेटमा परिवर्तन भइरहेको चाल पाउँदैनन्। समग्रमा हाम्रो शिक्षा अनुसन्धान र त्यसले देखाउने तथ्यमा आधारित छैन।

यही समस्यालाई सम्बोधन गर्ने कोसिस गरेको छ, उच्चिशिक्षामा नेपाली शिक्षकलाई सघाउने परियोजना (परी) ले। स्कटल्यान्डको एवर्डिन र बर्नेमाउथ विश्वविद्यालय, डीएफ आईडी तथा ब्रिटिस काउन्सिलकको सहयोगमा सञ्चालन हुने यो परियोजनाले विद्यार्थी र शिक्षकलाई वर्षों अघि

Anna Pana

लेखिएका पुस्तकका आधारमा नभई भर्खेरे गरिएका अनुसन्धानले देखाएका तथ्यहरूका आधारमा अध्ययनअध्यापन गर्न प्रेरित गर्नेछ।

'त्यसका लागि अनुसन्धान गरिएका दस्तावेजहरूमा शिक्षक विद्यार्थीको पहुँच बढाउन खोजिएको छ', एवर्डिन विश्वविद्यालयका प्राध्यापक पदम सिम्खडा भन्छन्। त्यसँगरी बर्नेमाउथ विश्वविद्यालयका प्राध्यापक भ्यान तेइझिलेन भन्छन्, 'हामी हाम्रो विश्वविद्यालयमा भएका पाठ्यक्रम सुधार कार्यक्रम र अनुभवको आदानप्रदान गर्न

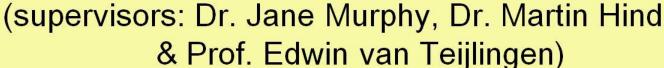
OST 8/12/2009

www.bournemouth.ac.uk



#### Public Health Nutrition

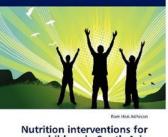
A comparative study on nutrition in children of Kaski District, Nepal BU PhD student Jib Acharya





#### **Nutrition interventions for children in South Asia**

Ram Hari Adhikari (M.Sc.)



Nutrition interventions for children in South Asia

A systematic literature review of the community based nutrition interventions to reduce child





# BU student Jib Acharya poster presentation in Ethiopia, June 2014







### Research Methods in Nepal

Review Article

VOL.9 | NO. 4 | ISSUE 36 | OCT - DEC 2011

### Qualitative Research and Its Place in Health Research in Nepal

van Teijlingen E,1 Simkhada B,2 Porter M,3 Simkhada P,4 Pitchforth E,5 Bhatta P3

Teijlingen E et al Health Renaissance, January-April 2012; Vol 10 (No. 1);1-4 Paper submission to a journal

■ Guest Editorial

#### Submitting a paper to an academic peer-reviewed journal, where to start?

E van Teijlingen<sup>1</sup>, PP Simkhada<sup>2</sup>, A Rizyal<sup>3</sup>

<sup>1</sup>School of Health & Social Care, Bournemouth University, UK & Visiting Professor, Manmohan Memorial Institute of Health Sciences, Nepal



Evidence-based health care in Nepal: The importance of systematic reviews

Evidence-based health care in Nepal: The importance of systematic reviews

van Teijlingen ER1, Simkhada B2, Ireland JCM3, Simkhada P4, Bruce J5



## Staff perspectives of barriers to women accessing birthing services in Nepal









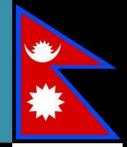


International Fellowship Lesley Milne (2013-2014)

with Vanora Hundley, Edwin van Teijlingen, Padam Simkhada, Jillian Ireland



### Are you Nepali living in the UK?







The UK-Nepal Friendship Society and Bournemouth University are conducting a study on the experience of using health and social care services among people from Nepal living in the UK. We are looking for volunteers to speak to a Nepali researcher in English or in Nepali. The interview will be anonymous and conducted in a place near to where you live.

We would love to interview you (for about 30-40 minutes).

If you are interested please contact: Dr Bibha Simkhada-07737677558

Dr Rajeeb Kumar Sah -07412514192





# Please visit our photo exhibition in room PG143



Centre for Midwifery, Maternal & Perinatal Health School of Health & Social Care

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