

Journal: *Epilepsy & Behavior*

Available online: 23-AUG-2017 DOI information: 10.1016/j.yebeh.2017.08.009

Can lack of knowledge of health professionals on epilepsy and exercise prescription be a barrier to exercise practice? Reply to Vancini *et al.* (1)

To the editor:

We would like to thank Dr. Vancini *et al.* regarding their letter (1) discussing the importance of our recent research (2). Drawing attention to our findings of health professionals' lack of knowledge of the benefits of exercise for people with epilepsy as a barrier to exercise, Vancini *et al.* agreed that there needs to be an increase in the education of health professionals in relation to exercising with epilepsy (1, 2). Through acknowledging the lack of education of health professionals within this area (2, 3), further movements towards increasing health professionals' education on the benefits of exercise for people with epilepsy will be a positive gain toward decreasing barriers to exercise for people with epilepsy.

References

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