Humanising Care Theoretical Framework: A Lifeworld foundation

Humanised care theory-led action research process
Action Research Steps to apply new theory in practice and assess usefulness

**Step 1:** Exploration and learning about the theory  
**Step 2:** Experiences of care gathered  
**Step 3:** Implementation of actions to enhance humanising care practices

Identification of examples of humanising & dehumanising processes and situations

HCAT Development
Transcripts of AR discussions examined to extract potential questionnaire items in patients’ ‘own words’

Phase 1: HCAT Questionnaire Development

Reflective & analytical discussion by research team to:

1) Refine language for item content/ensure good question wording practice  
2) Applicability and relevance of each item to the Humanising Care Theoretical Framework  
3) Ensure balance of items across all eight humanising dimensions  
   (Yield = 114 items)

Phase 2: HCAT questionnaire face validity

Face Validity Procedure with 2 panels (UK & Sweden) of 10 participants
To seek novice and expert view

Examined all items that were identified and rated ‘not clear’ or ‘not relevant’ by 3 or more respondents

HCAT Questionnaire refined [see Table 2]  
Items = 109