

## **Humanising Care, Health and Wellbeing**

**Bournemouth University**

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### **Academic Advisor (personal tutor) role modelling a humanising approach: how & why?**

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#### **Background**

Bournemouth University (BU) has developed the complex role of Academic Advisor (AA) – also known as the personal tutor in other settings - with the expectation that, at the point of qualification student nurses are professional and compassionate. Therefore the AA role is vital to help students become resilient, employable and at the point of graduation ready to enter the Professional Register.

BU has a diverse range of students, and the AA uses a student centred and humanistic philosophic approach to support students in their academic, professional and personal development.

#### **Aim**

Presenters will share their experiences and teaching strategies in developing the role of the AA and how these are pivotal to students learning and development. They will cover a range of pedagogical approaches which support the development of resilience and compassion and which are applicable to other students. The AA role includes reflection upon practice, small group recall days, 1:1 discussions, peer support and Year 3 Peer Assisted Learning to develop empowerment, self-esteem and management of self and well-being. Alongside this, giving students a sense of agency and recognising their uniqueness in their personal journey.

To guide them on this journey, the AA needs to be a credible role model, skilled facilitator, compassionate and have a humanised approach to the student's journey as they progress through the programme and continue with Life Long Education.