Diagram 1: PRISMA flowchart

Records identified through database searching (CINAHL, Medline, SocIndex, ScienceDirect) (N=365) → Additional records identified through other sources (n = 4)

Records after duplicates removed (n = [369 – 41 duplicates] 328)

Articles screened (n = 328) → Not research studies (n=45)
Not peer reviewed (n=70)
Not in full text (n= 42)
Date range (n=52)

Full-text articles assessed for eligibility (n = 119) → Full-text articles excluded
Due to title (n=83)
Due to abstract (n=28)

Studies included in qualitative & quantitative synthesis (n = 8)