Emma Louise Jenkins^{1*}, Lea Predanich², Sameeh Abdel Majeed Yacoub Al Nuimat ³, Khalil
 Ibrahim Jamjoum⁴, and Richard Stafford⁵

- ³ ¹ Institute for the Modelling of Socio-Environmental Transitions (IMSET), Bournemouth
- 4 University, Fern Barrow, Poole, BH12 5BB, UK. *Corresponding author E mail:
- 5 <u>ejenkins@bournemouth.ac.uk</u> Telephone +44(0)1202 968184; <u>ORCID 0000-0002-3483-5749</u>
- 6 ² Department of Archaeology and Anthropology, Bournemouth University, Fern Barrow,
- 7 Poole, BH12 5BB, UK; E Mail: leapredanich@gmail.com
- 8 ³ IUCN, International Union for Conservation of Nature, Abdel Latif Salah Street, Building #
- 9 29, Sweifiyeh, P. O. Box 942230, Amman 11194 Jordan; E Mail: sqqy2n@gmail.com
- ⁴ National Center for Agricultural Research and Extension, Al-Baqah, 19381, Jordan; E Mail
- 11 khaliljamjoum@yahoo.com
- ⁵ Institute for the Modelling of Socio-Environmental Transitions (IMSET), Bournemouth
- 13 University, Fern Barrow, Poole, BH12 5BB, UK. E mail: rstafford@bournemouth.ac.uk
- 14
- Assessing past water availability using phytoliths from the C₄ plant Sorghum bicolor: an experimental approach
- 17
- 18 Keywords: Phytoliths; Sorghum bicolor; C₄ plants; Irrigation; Water Availability; Jordan
- 19

20 Highlights:

- Sensitive:fixed phytolith ratios in sorghum were affected by water availability
- Sensitive:fixed phytolith ratios were greatest in sorghum husks
- Sensitive:fixed phytolith ratios in sorghum were higher than in C₃ plant husks

24 Abstract

Water availability and water management systems were critical for the success of past agricultural societies. One way to determine past water availability is through phytolith ratios

as demonstrated by research conducted on modern C3 plants. In order to determine if 27 phytolith ratios in C₄ plants are similarly affected by plant water availability, the C₄ plant 28 Sorghum bicolor was experimentally grown at three different crop growing stations over a 29 30 two year period in Jordan. The husks, leaves and stems of the plants grown under the 0% and 31 100% irrigation regimes were processed and analysed for their sensitive to fixed form 32 phytolith ratio. These results were then compared to results of those conducted using C₃ 33 plants. Our results showed that while there were differences in ratios between growing years and the crop growing site, the greatest difference in the ratios was in irrigation regime. Our 34 35 results also showed, however, that the ratio of sensitive to fixed forms for the samples taken 36 from the husks was far higher than the ratios found in the leaves and stems and far higher 37 than those found in previous studies on C₃ grasses. We suggest that if this method is to be used to interpret archaeological phytolith assemblages, an assessment of the likely taxa and 38 39 plant part composition of the assemblage should first be undertaken through phytolith and 40 macro-botanical analysis.

41

42 1. Introduction

43 Water availability and water management systems were critical for the success of early 44 agriculture and the development of complex societies. Crop failure due to insufficient rainfall and flooding (both too little and too much) would have been a problem in many global regions 45 and as such some form of irrigation and water management, including drainage systems, must 46 have been employed to safeguard against this. These water management features are, 47 however, difficult if not impossible to recognise in the archaeological record, particularly from 48 49 prehistoric periods, when many of these would have been ephemeral and as such would not have survived. Even the larger more elaborate features such as ridged fields and dams may no 50 51 longer be visible in the archaeological record due to their erosion through time. This leaves a 52 critical lack of understanding in our knowledge of how our ancestors managed to successfully transition from hunter-gatherers to farmers and, in later times sustain large populations in 53 complex societies, often against the backdrop of challenging climates and environmental 54 55 conditions (see Mithen 2012 for a discussion of past water management).

56 One of the most effective ways to determine if water management systems were used to grow 57 crops is by looking directly at the botanical remains themselves. This way if other 58 environmental proxies suggest that environmental conditions were arid or semi-arid during 59 the period of occupation, but the botanical remains indicate that the crops received adequate 60 amounts of water, then it is possible to infer deliberate water management rather than 61 favourable environmental conditions.

It was initially suggested that grain size could be used to assess past crop water availability. 62 63 Helbaeck (1960) used the size of charred flax seeds to determine how much water the flax 64 received during growth while Mabry et al. (1996) used wheat grains from Tell Handaquq to infer irrigation. This method can be problematic, however, because taphonomic processes 65 such as charring can distort the size and shape of seeds (Märkle and Rösch 2008). Another 66 method which uses macro-botanical remains directly is the FIBS (Functional Interpretation of 67 Botanical Surveys) approach. This relies on the analysis of the accompanying crop weeds to 68 69 infer past water availability (e.g. Jones et al. 1995; Charles et al. 2003). Another more recent 70 approach which also relies on macro-botanical remains is the use of carbon isotope stable 71 discrimination (Δ 13C). This method was pioneered by Araus et al. (Araus and Buxó 1993; Araus at al 1997; Araus et al. 2003; Araus et al. 2007) and has been used effectively by other 72 73 researchers-for example: Caracuta et al. (2015); Ferrio et al. (2005), Fiorentino et al. (2008); 74 Masi et al. (2014); Mora-González et al. (2018); Riehl et al. (2008); Roberts et al. (2011); Flohr 75 et al. (2019). While looking directly at the macro-botanical remains from archaeological sites may be the most direct to establish how much water the crop received during growth, macro-76 77 botanical remains require specific preservation conditions in the archaeological record (e.g. 78 charring, water-logging, desiccation) which does not always occur. As a result, macro-79 botanical assemblages can often be scarce on archaeological sites, particularly on early archaeological sites or in sites with unfavourable preservation conditions. 80

One method for identifying the level of past crop water availability that does not rely on the preservation of macro-botanical remains is the phytolith water availability index (Madella et al. 2009; Jenkins et al. 2011; Weisskopf et al. 2015; Jenkins et al. 2016). Phytoliths are microscopic structures which are mainly composed of silicon dioxide, also known as silica (SiO₂), which is absorbed by the plant in a soluble state from the ground water during transpiration (Piperno 2006). In solution, silica usually exists as monosilicic acid (H₄SiO₄) which

is transported upwards through the vascular system of the plant. This then gels, solidifies and 87 forms into solid opaline silica (SiO₂:nH₂O) bodies (phytoliths) which form in the cell wall, the 88 89 cell lumen and the intercellular spaces (Sangster et al. 2001). Silicon (Si) uptake and deposition 90 in plants is not well understood with the first Si transporters being identified in rice (Oryza sativa) which is a hyper-Si accumulator (Ma 2006). Currently, three main different types of Si 91 transporters are known in rice: Low Silicon 1 (LSi1) which allows the passive transport of Si 92 93 across the plasma membrane between the apoplast and the plant cells; Low Silicon 2 (LSi2) which facilitates the active transport of Si out of the plant cells (Ma 2006; Tubuna and 94 95 Heckman, 2015); and Si transporter (Lsi6) which is responsible for xylem unloading (Yamaji et 96 al. 2008). Research is on-going to identify similar Si transporters in other Graminae species 97 for example barley (Hordeum vulgare) (Chiba et al. 2009; Yamaji et al. 2012); maize (Zea mays) (Mitani et al. 2009); wheat (Triticum aestivum) (Montpetit et al. 2012); and sorghum 98 99 (Sorghum bicolor) (Markovich et al. 2015).

Because they are made of silica, phytoliths are inorganic and preserve well in the archaeological record. They provide useful information about paleoecology (e.g. Coe et al. 2014), past diet, ritual practices (e.g. Power et al. 2014), craft activities (e.g. Wendrich and Ryan 2013) and, as stated above, past water availability in plants (Rosen and Weiner 1994; Madella 2009; Jenkins et al. 2011; 2016; Weisskopf 2015).

This latter approach of using phytoliths as an indicator of past water availability was initially 105 proposed by Rosen and Weiner (1994) who found through an experimental study that the 106 107 number of conjoined cells in multi-celled phytoliths from emmer wheat (Triticum turgidum subsp. dicoccum) and bread wheat (T. aestivum) grown in arid and semi-arid conditions 108 109 increased with water availability. While this study was pioneering, it was subsequently discovered that taphonomic processes can break down multi-celled phytoliths and reduce the 110 number of conjoined forms thereby questioning the efficacy of this method for phytolith 111 assemblages with unknown taphonomic histories (Jenkins 2009; Shillito 2011a). 112

113

An alternative method for assessing past water availability using phytoliths was later explored with promising results (Madella et al. 2009; Jenkins et al. 2011; Weisskopf et al. 2015). This method involved grouping phytoliths from grasses into forms whose production is genetically 117 controlled, known as *fixed* forms and into forms whose production is environmentally controlled known as sensitive forms (Madella et al. 2009; Jenkins et al. 2011; Weisskopf et al. 118 2015). Fixed forms include the short cells such as rondels, saddles, bilobates and crosses and 119 120 because silica deposition in these cells is genetically controlled they will form phytoliths 121 regardless of how much water is available in the growing medium. In contrast, are the 122 sensitive forms which comprise mainly long cells and the stomata; their silicification is governed by environmental variables a major one being water availability (Blackman and Parry 123 1968, 1969; Kaufman et al. 1970, 1981; Piperno 2006). 124

125 Madella et al. (2009) first suggested using phytolith ratios as a method for identifying past water availability. In this study, five cereals were grown under two different climatic 126 127 regimes: Middle Eastern and Northern European. Middle Eastern conditions were simulated using a growing chamber with controlled light, heat and day length while the Northern 128 129 European climatic conditions were represented by open fields in Cambridge (Madella et al. 130 2009). The cereals used in this experiment were: bread wheat (*T. aestivum*), emmer wheat (T. dicoccum), spelt wheat (T. spelta), two row barley (H. vulgare) and six row barley (H. 131 132 distichon). These were grown under two different irrigation regimes wet and dry. Phytoliths from the leaves of all plants were analysed, while phytoliths from the stems were also 133 134 analysed for emmer and spelt wheat (Madella et al. 2009). The results showed that there 135 was a slight increase in the ratio of sensitive to fixed forms under the wet regime compared to the dry regime in the samples studied with the exception of the leaves of the six-row 136 barley (Madella et al. 2009; see Table 1 this study for the means of the sensitive to fixed 137 138 forms from Madella et al. 2009).

139 Another experimental study involved growing native land races of durum wheat (T. durum) and six-row barley (*H. vulgare*) in three different crop growing sites in Jordan for a three year 140 period. The crops were subjected to different irrigation regimes: (1) no irrigation- 0% of crop 141 water requirements (CWR); (2) under irrigated – 80% of CWR; (3) irrigated – 100% of CWR; 142 143 and (4) over irrigated – 120% of CWR; a fifth regime, 40% of CWR, was added in the second 144 and third growing season (Jenkins et al. 2011; 2016). Rainfall, pan-evaporation, soil conditions, and plant available Si were monitored and phytoliths from the husks (inflorescence bracts 145 146 comprising glumes, lemmas and paleas) were analysed for sensitive to fixed phytolith ratios. 147 These results showed that that when rainfall was between 100 millimetres and 250 millimetres per annum a ratio of sensitive to fixed forms of >1 meant that irrigation could be
predicted with 80% confidence. When rainfall was less than 100mm, the explanatory power
was greater with a ratio of >0.5 meaning, irrigation could be predicted from the phytolith
ratios with 99% confidence (Jenkins et al. 2016).

Weisskopf et al. (2015) used this method to identify the growing conditions of rice during 152 153 the Neolithic in the Lower Yangtze valley, China. They took soils samples for phytolith analysis from modern rice fields in India which comprised the phytoliths not just from the 154 155 rice but also from the accompanying arable weeds. These fields were categorised according 156 to water availability as: 1) dry, rain-fed, and margin of wetland; 2) very wet, in standing water throughout most of the growing season; or 3) intermediate (Weisskopf et al. 2015). 157 They found that the percent of sensitive to fixed forms could be used to monitor wetter and 158 159 drier growing conditions in the modern assemblages. They then applied this method to archaeological sites in China and were able to identify changes in rice cultivation from 160 161 flooded and drained fields to intensively irrigated paddies (Weisskopf et al. 2015).

162 While these studies highlight the efficacy of using the phytolith water availability index on assemblages from C₃ plants- wheat, barley and rice, aside from any C₄ arable weeds that 163 may have become incorporated into the soil samples from the fields analysed by Weisskopf 164 et al. (2015), there has been no analysis conducted on C₄ plants directly. Generally, plants 165 can be classified according to their carbon fixation pathway. The C₃, Calvin-Benson, pathway 166 167 is so-called because the first molecule produced in the cycle is a 3-carbon molecule. This 168 pathway is typical of temperate species including most trees and shrubs, many fruits and vegetables and a large proportion of the cereals of economic importance such as wheat, 169 barley, oat, rye and rice (Boutton 1991; Sage et al.1999; 1999, Sealy 2001). The C₄, or Hatch-170 Slack, photosynthetic pathway is so –called because the first step of photosynthesis in this 171 pathway involves fixation of Carbon dioxide (CO₂) in the mesophyll cells to form a 4-carbon 172 acid. This pathway is mainly comprised of plants adapted to warm and (semi-) arid 173 174 environments (Boutton 1991a) although they are also found in wet conditions provided that 175 there is ample warmth and light. C₄ plants which are of economic importance include maize, 176 millet and sorghum (Sage et al. 1999).

177 It is unclear how results from the application of this index to C₄ plants would compare to
178 results obtained from C₃ plants. This is unfortunate because, as stated above, there are C₄
179 species of economic importance and, moreover, archaeobotanical assemblages can be
180 comprised of mixed C₃/C₄ plant assemblages so assessing the validity of this approach in C₄
181 plants is vital if this method is to be applied to archaeological assemblages with confidence.

182 In order to address this problem, we conducted a two year crop growing experiment using Sorghum bicolor (sorghum) to determine if phytoliths from a C₄ plant can be used to assess 183 184 past water availability and how these results compare to those from C₃ plants. S. bicolor is in the subfamily Panicoideae of the Poaceae family, and is believed to have been domesticated 185 in Eastern Sudan around 3000 BC (Beldados et al. 2015; Fuller and Stevens 2018). From here 186 it spread to south Asia at around 2000 BC and to the Niger Basin in West Africa sometime 187 188 after 1000 BC. Along with pearl millet, sorghum is one of the two main cereal crops, and the 189 most productive rain fed cereal crop, to originate in Africa (Fuller and Stevens 2018). As such 190 this species was chosen for this experiment due to its great economic importance.

191

192 2. Materials and method

193 **2.1 Crop Growing**

S. bicolor was experimentally grown as part of the University of Reading's Water, Life, and 194 195 Civilisation project in collaboration with NCARE (National Centre for Agricultural Research and 196 Extension, Jordan). This crop growing experiment was a follow on project to the experimental 197 growing of wheat and barley reported in Jenkins et al. (2011, 2016). The sorghum was 198 purchased at an Amman market and was grown at three different crop growing stations, two 199 of which were the same as those used in the previous study: Deir 'Alla (DA) which is in the 200 Jordan valley and is 200 m below sea-level and Ramtha (RA) which is located in the north of 201 Jordan on the Jordanian plateau at an altitude of 510 m. The third site used was a farm near Salt (SF) which is also located on the Jordanian plateau at an altitude of c 820 m (Figure 1). 202 203 This latter site was used instead of Kherbet as-Samra which was the third crop-growing site 204 included in the study reported in Jenkins et al., (2011, 2016). This was because Kherbet as-205 Samra was being discontinued as an NCARE crop growing site at this time.

206 S. bicolor was grown over two years from 2009 to 2010 and was sown in April and harvested 207 in September/October. In the first year there were not enough grains and so new seeds had 208 to be acquired the following year which appeared to belong to a different, taller variety of S. 209 bicolor (Flohr, 2012; Flohr et al. 2019). The crops were grown in 5 x 5 m plots, with 1.5 m in between each plot. Different irrigation regimes were employed: (1) no irrigation-0% of Crop 210 211 Water Requirements (CWR); (2) under-irrigated-80% of CWR; (3) irrigated-100% of CWR; (4) 212 over-irrigated-120% of CWR. The calculation for irrigation levels was based on knowledge of crop water requirements estimated by using Class A – Pan Evaporation readings (Allen et al. 213 1998). 214

Water was implemented by a drip irrigation system with a 60 cm spacing between water pipes 215 and a 40 cm spacing between the drippers on each pipe (Jenkins et al. 2011). Each irrigation 216 217 plot had eight lines. The water used for irrigation was treated wastewater at Ramtha, a 218 mixture of treated wastewater and fresh water at Deir 'Alla and fresh water at Salt. No 219 additional fertilisers or pesticides were applied. There was no rainfall at any of the sites over 220 the three years because the crops were grown over the summer months. Crops were 221 harvested in 50 cm intervals diagonally across the plot from the outside corner to the middle of the plot at 0-50 cm, 50-100 cm, 100-150 cm, 150-200 cm, 200-250 cm and 250-300 cm 222 223 spacings. This was done to avoid edge effect (where plants on the edge of plots receive more 224 water and nutrients from the ground because of the decreased competition from other 225 plants). After harvesting, the crops were stored in paper bags and exported to the UK for 226 analysis.

227

228 2.2 Phytolith Processing and Counting

All phytolith processing was undertaken at Bournemouth University, UK. Plants from the 0% and 100% irrigated plots only were analysed with the other irrigation regimes being omitted. This decision was made because it was deemed to be more beneficial to analyse all plant parts (husks, leaves and stems) than to include the 80% and 120% irrigation samples and time conöaints did not allow us to do both. Where possible, 15 samples were taken from across each of the different plots (each year, site and irrigation regime): five from the husks, five from the stems and five from the leaves. While all of the 100% irrigated samples had husks only the 0% irrigated plants from Deir 'Alla had developed inflorescences and therefore only the husks from 'Deir Alla were analysed. Phytolith extraction followed the dry ashing method (Table 2) and weight percent of phytoliths was calculated by expressing the weight of phytoliths to original plant matter processed (phytolith weight % = weight of phytoliths/weight of plant matter processed x 100).

Slides were counted using a Meiji MT4300 Infinity polarising microscope at x400 magnification with an attached Canon camera. Phytoliths were grouped according to the mechanism of silification in their production:

- *Fixed forms* (short cells): silification is under genetic control (saddle, bilobate,
 polylobate, cross)
- Sensitive forms (long cells and stomata cells): silification is under environmental control (elongate smooth, elongate sinuate, elongate dentate, elongate dendritic, stomata) (Madella et al. 2009; Weisskopf et al. 2015).
- Four hundred phytoliths were counted per slide equalling a total of 57,200 phytoliths. Figure250 2 shows images of the phytolith forms found in this analysis.
- 251

252 2.3 Statistical Analyses

All statistical analyses was conducted using R. The sensitive to fixed phytolith ratio was calculated and a log10 transformation was used as a dependent variable in the analysis. The log10 transformation allowed the data to meet the assumptions of parametric statistics through examination of residual and normality plots as per Zuur et al. (2009). A three-way ANOVA design with all interactions was conducted using 'Year', 'Site' and 'Irrigation' as fixed factors in the analysis. Tukey tests were also employed to find out which site means (Deir 'Alla, Ramtha, Salt) (compared with each other) were significantly different.

260

261 3. Results

262 Our results show that there were significant differences in the mean ratio of sensitive to fixed phytolith forms between crop growing years (explaining 2.73% of variability in the 263 data) and between crop growing sites (explaining 5.22% of variability in the data - Figure 3; 264 265 Table 3). Tukey tests indicated that Salt is significantly different to Deir 'Alla (p<.0.05), that Ramtha is borderline significantly different to Deir 'Alla (p=0.072) and that Ramtha is not 266 267 necessarily different to Salt. Our results also show, however, that these differences are far less important than the difference between the irrigated and unirrigated plants (explaining 268 34.95% of variability in the data - Figure 4; Table 3). Figure 4a compares the mean of the 269 270 sensitive to fixed forms for the unirrigated and irrigated samples for all plant parts 271 combined. From this it is apparent that the irrigated samples have a much higher mean ratio 272 (4.5) than the unirrigated samples (0.6) but it also clear that when the data are analysed by 273 individual plant part; i.e. husk, leaf and stem, that the husks have a much higher ratio of 274 sensitive to fixed forms for both the irrigated and the unirrigated samples than the leaves 275 and stems (Figure 4b-d). This is in-line with the results for the weight percent of phytoliths 276 to original plant matter which demonstrates that in both 2009 and 2010 the weight percent for the husks was higher than for the leaves and stems suggesting that the uptake of silica 277 278 into the husks is greater than in the leaves and stems (Figure 5A and B). When this, 279 however, is compared to the T. durum which was experimentally grown at Kherbet as Samra 280 from 2004 to 2005 as part of the experiments outlined in Jenkins et al. (2011; 2016) we see that the results are not in accord (Figure 4C). From this figure it is clear that for wheat it is 281 282 the leaves that have the highest weight percent not husks. Overall, our results show that S. bicolor phytolith assemblages with a mean ratio of sensitive to fixed forms >1 are likely to 283 have been irrigated while those with ratios <0.5 are unlikely to have been irrigated. Our 284 results, however, also show that the plant part in which the phytoliths formed is critical and 285 286 greatly affects results.

Table 1 compares these results to results from previous studies of phytolith ratios in
irrigated and unirrigated plants (Madella et al. 2009; Jenkins et al. 2011, 2016; Weisskopf et
al. 2015). From this it is clear that the ratio of fixed to sensitive forms for *S. bicolor* is higher
than the ratios found in the husks for *H. vulgare* and *T. durum* for both the irrigated and
unirrigated plants. In fact, the ratio of sensitive to fixed forms from the husks of the irrigated *H. vulgare* (3.33) is comparable to the ratio found in the husks from the unirrigated *S*.

bicolor (3.86). It also demonstrates that there is much variability in the range of ratios with the ratio of sensitive to fixed forms from the husks of the unirrigated *T. durum* (1.25) being similar to the irrigated ratio from the leaves of *S. bicolor* (1.37) (Table 1). Furthermore, it is apparent from this table that while the results from the *S. bicolor*, those taken from Jenkins et al. (2016) and in Weisskopf et al. (2015) are all broadly comparable the results reported in the Madella et al. (2009) study are, with the exception of the *H. distichon* leaf, lower than those found in the other studies (Table 1).

300

301 4. Discussion

302 Our results found that while 'site' and 'year' had some effect on phytolith ratios 'irrigation' 303 was the variable with by far the strongest explanatory power, indicating that water availability is the most important factor in determining the ratio of sensitive to fixed forms in *S. bicolor*. 304 305 It is not clear what causes the inter-site differences observed but it is likely due to an 306 interaction of different environmental factors. All three sites have different micro-climates, soil chemistry, soil and water salinity levels, humidity levels, and evaporation rates, all of 307 which could have affected water uptake and phytolith production. The inter-play of such 308 309 variables is difficult to untangle in the experimentally grown crops as demonstrated in earlier 310 studies (Jenkins et al. 2011, 2016) and would be impossible to assess in archaeological assemblages. 311

Similarly, the inter-annual variation in the mean between the two growing years could have been caused by a combination of genetic and environmental factors. Two different varieties of *S. bicolor* were sown in the two years, with the one in 2010 belonging to a taller variety than the one in 2009. The 2009 variety could have been more easily affected by differences in temperature between the sites or the 2010 variety could have grown larger roots, thereby accessing water from neighbouring plots, leading to less water stress than experienced by the 2009 variety (Flohr 2012).

The higher proportion of sensitive forms in the husks is interesting and could partly be related to Si uptake into the sorghum husks as suggested by the greater weight percent of phytoliths found in the husks (Figure 4). This is in accord with what is currently understood about Si 322 uptake in the husks of some species. Hutton and Norrish (1974) found that Si is concentrated in the husks in wheat and that they contain about one-third of the total Si in the plant while 323 324 Handreck and Jones (1968) found that 40% of the Si weight of the wheat they studied is found 325 in the husks. Similarly, Handreck and Jones (1968) showed that, of all plant parts in oat, the 326 husks contained the highest concentration of Si. In rice and barley, it has been suggested that 327 Si is deposited in the husks at the reproductive stage and that a high accumulation of Si in the 328 husk is important for grain fertility. It has been proposed that this is because Si decreases water loss and prevents against pathogens and that Si may be actively redirected to the husks 329 330 by Si-mediated transporters (Ma and Yamaji 2014). Analysis of wheat grown as part of a 331 previous crop growing experiment that we conducted in Jordan found contradictory results 332 (Jenkins et al. 2011 and 2016). In this experiment we found that in *T. durum* the highest weight percent of phytolith to original plant matter was in the leaves (Figure 4). 333

Previous research suggests that sorghum, and Panicoideae grasses (a C₄ sub-family), in 334 335 general are more prolific producers of elongate dendritics (sensitive forms) than the C₃ grasses (Novello and Barboni (2015). Novello and Barboni (2015) conducted a study 336 337 evaluating how effective various different African grass species are at producing elongate dendritics. They processed 67 African grass species and their results from the husks of the 338 339 plants showed that Sorghum purpureo-sericeum was the second most prolific producer of 340 elongate dendritics with 52% of the assemblage comprising this form. The most prolific producer, with 77% elongate dendritics, was also a Panicoideae grass- Sorghastrum stipoides. 341 In contrast, these species was found to produce few rondels (a fixed form) with c5% or less of 342 343 the assemblage consisting of this form (estimated from Novello and Barboni 2015, Figure 4). 344 In contrast Albert et al. (2008) found that in domesticated wheat, barley and oat, all C₃ 345 grasses, elongate dendritics comprised 7 to 8% of all morphotypes present.

The large range in ratios of sensitive to fixed forms inevitably has an impact on the use of this method to identify past plant water availability in archaeological assemblages. There are, however, ways to mitigate the extent of this impact. For some sites and regions one can be geographically and temporally informed of the plants likely to be available. For example if one were analysing a Neolithic southwest Asian site one would not expect to find sorghum which was likely introduced to this region in the Islamic period based on written evidence (Decker, 2009; Watson 1983). Analysis of the phytolith assemblage and ideally the macro-botanical

assemblage, can provide information about the different taxa in the assemblage and the 353 ratios in which they are found which can be used to conduct informed analysis using the 354 method outlined here. Similarly, the phytolith assemblage could be analysed to determine if 355 356 all plant parts are present or if crop processing was likely to have taken place off site resulting in a higher proportion of husks compared to leaves and stems (Harvey and Fuller 2005). 357 Furthermore, information about the micro-context and taphonomic processes that have 358 affected the phytolith assemblage and potentially impacted the phytolith record can be 359 obtained from targeted micromorphological analysis of the archaeological contexts from 360 361 which the phytolith samples were taken (Cabanes et al. 2011; Shillito 2011b). These analyses 362 could then be used to inform interpretation of the ratios of sensitive to fixed forms. In general, 363 it is clear from this and previous studies that the ratio of sensitive to fixed phytolith form 364 ratios does increase with increased water availability and further work is now needed to 365 determine how the ratios of sensitive to fixed forms from other C₄ plant species, particularly 366 in the husks, are affected by water availability.

367

368 5. Conclusion

369 This study focused on establishing whether the ratio of sensitive to fixed phytolith forms in a 370 C₄ grass, S. bicolor, was affected by plant water availability as has been found to be the case in C₃ grasses (Madella et al. 2009, Jenkins et al. 2011, 2016 and Weisskopf et al. 2015). Our 371 results showed that while there were differences in ratios between crop growing years 372 (explaining 2.73% of variability in the data) and between crop growing sites (explaining 5.22%) 373 of variability in the data) the greatest difference was found between the irrigated and 374 unirrigated plants (explaining 34.95% of variability in the data). Results also showed that the 375 difference in the ratios between different parts of the plant- husks, leaves and stems -was 376 377 great with husks having a far higher ratio of sensitive to fixed forms than the leaves and stems 378 (Figure 2). Furthermore, when these ratios are compared with those from the C₃ grasses included in previous studies, the ratio for the husks was found to be much higher. This has 379 implications for using this method to establish past plant water availability on an 380 archaeological site comprised of a mixed C₃/C₄ species assemblage. This is because the 381 382 average ratio would be calculated from both the C₃ and the C₄ plants and as such would

represent neither pathway (the C₄ plant ratio would be diluted by the C₃ plant ratio and the C₃ plant ratio would be elevated by the C₄ plant ratio). It is suggested that this method is used in an informed manner to interpret past water availability by establishing the likely species and plant part composition of an archaeobotanical assemblage through analysis of its phytolith, and where available, its macro-botanical assemblage. Further work is now needed to establish if this higher husk ratio is consistent in other C₄ species.

389

390 Acknowledgments

We would like to thank the Leverhulme Trust for funding the crop growing as part of the 391 392 Water, Life and Civilisation project (Grant No F/00239/R). We would also like to thank the 393 many people who helped us with the implementation and design of these experiments as 394 well as the care and harvesting of the crops including Pascal Flohr, Steve Mithen, Bill Finlayson 395 and the employees of the two NCARE research stations. We acknowledge the wonderful 396 efficiency of Jane Burrell and Nadja Qaisi who gave administrative support for the crop growing and Rachael Holmes for assisting Lea Predanich with laboratory processing. We thank 397 Dorian Fuller for providing the data generated by the late Alison Weisskopf as part of the Early 398 399 Rice project; Alison is sorely missed both as a colleague and a friend. We thank Damian Evans 400 for all laboratory and microscopy related troubleshooting and Darko Maričević and sarah 401 Elliott for help with figures. Emma Jenkins would like to thank Arlene Rosen who provided the 402 original inspiration for this research and gave her such an excellent start in the field of phytolith research. Finally we would like to thank the two anonymous reviewers and prof 403 404 Chris Hunt for their comments and suggestions which helped improve the final paper.

405

406 References

407 Albert, A.M., Shahack-Gross, R., Cabanes, D., Gilboa, A., Lev-Yadun, S., Portillo, M., Sharon,

408 I., Boaretto., and Weiner, S. 2008. Phytolith-rich layers from the Late Bronze and Iron Ages

409 at Tel Dor (Israel): mode of formation and archaeological significance. Journal of

410 Archaeological Science 35: 57-75

- 411 Allen, R. G., Pereira, L. S., Raes, D., and Smith, M. 1998 Crop evapotranspiration: guidelines
- 412 for computing crop water requirements. (FAO Irrigation and Drainage paper 56). Food and
- 413 Agriculture Organization of the United Nations, Rome
- 414 Araus, J. and R. Buxó. 1993. Changes in Carbon Isotope Discrimination in Grain Cereals from
- the North-Western Mediterranean Basin during the Past Seven Millennia. Australian Journal
- 416 of Plant Physiology 20: 117–28
- 417 Araus, J.L., Febrero, A., Buxó, R., Camalich, M. D., Martin, D., Molina, F., Rodriguez-Ariza, M.
- 418 O. and Romagosa, I. 2003. Changes in carbon isotope discrimination in grain cereals from
- 419 different regions of the western Mediterranean Basin during the past seven millennia.
- 420 Palaeoenvironmental evidence of a differential change in aridity during the late Holocene.
- 421 Global Change Biology 3:107–118
- 422 Araus, J., A. Febrero, R. Buxó, M. Rodríguez-Ariza, F. Molina, M. Camalich, D. Martín and J.
- 423 Voltas. 1997. Identification of Ancient Irrigation Practices Based on the Carbon Isotope
- 424 Discrimination of Plant Seeds: A Case Study from the South-East Iberian Peninsula. Journal
- 425 of Archaeological Science 24: 729–40
- Araus, J. L., Ferrio, J. P., Buxó, R. and Voltas, J. 2007. The historical perspective of dryland
 agriculture: lessons learned from 10,000 years of wheat cultivation. Journal of Experimental
 Botany 58:131–145
- 429 Beldados, A., D'Andrea, A.C., Manzo, A. 2015. Filling the gap: new archaeobotanical
- 430 evidence for 3rd-1st millennium BC agricultural economy in Sudan and Ethiopia.
- 431 Proceedings of the IWAA8. Supplemento Atti Vol CXLVI Società dei Naturalista E Matematici
- 432 di Modena, 151-153
- 433 Blackman, E. and Parry D. W. 1968. Opaline silica deposition in rye (Secale cereale L.).
- 434 Annals of Botany 32: 199–206
- 435 Blackman, E. and D. W. Parry. 1969. Observations on the development of the silica cells of
- the leaf sheath of wheat (*Triticum aestivum*). Canadian Journal of Botany 47: 827–838

- 437 Boutton, T. W. 1991. Stable Carbon Isotope Ratios of Natural Materials: II. Atmospheric,
- 438 Terrestrial, Marine, and Freshwater Environments. In: Coleman, D.C. and Fry, B., eds. Carbon
- 439 Isotope Techniques. San Diego: Academic Press, pp 173-185
- 440
- Cabanes, D., Weiner, S., Shahack-Gross, R., 2011. Stability of phytoliths in the archaeological
 record: a dissolution study of modern and fossil phytoliths. Journal of Archaeological
- 443 Science: 38 2480-2490.
- Caracuta, V., Barzilai, O., Khalaily, H., Milevski, I., Paz, Y., Vardi, J., Regev, L. and Boaretto.
 2015. The onset of Faba bean farming in the Southern Levant. Scientific Reports 5: 14370:
 DOI 10.1038/srep14370
- 447 Charles, M., C. Hoppé, G. Jones, A. Bogaard and J. Hodgson. 2003. Using Weed Functional
- Attributes for the Identification of Irrigation Regimes in Jordan. Journal of Archaeological
 Science 30: 1429–1441
- Chiba, Y., Mitani, N., Yamaji, N. and Ma, F. J. 2009. HvLsi1 is a silicon influx transporter in
 barley. The Plant Journal 57: 810-818
- 452 Coe, H.H.G., Macario, K., Gomes, J. G., Chueng, K. F., Oliveira, F., Gomes, P. R. S., Carvalho,
- 453 C., Linares, R.m, Alves, E., and Santos, G. M. 2014. Understanding Holocene variations in the
- 454 vegetation of Sao Joao River basin, southeastern coast of Brazil, using phytolith and carbon
- 455 isotopic analyses. Palaeogeography Palaeoclimatology Palaeoecology 415: 59-68.
- 456 Decker, M. 2009. Plants and Progress: Rethinking the Islamic Agricultural Revolution. Journal
 457 of World History: 20 (2): 187-206
- 458 Ferrio, J. P., Alonso, N., Voltas, J., and Araus, J. L. 2004. Estimating grain weight in
- 459 archaeological cereal crops: A quantitative approach for comparison with current conditions
- 460 Journal of Archaeological Science 3 (11): 1635-1642
- 461 Ferrio, J. P., Araus, J. L., Buxó, R., Voltas, J., and Bort, J. 2005. Water management practices
- 462 and climate in ancient agriculture: inferences from the stable isotope composition of
- 463 archaeobotanical remains. Vegetation History and Archaeobotany 14:510–517

- Fiorentino, G., Caracuta, V., Calcagnile, L., D'Elia, M., Matthiae, P., Mavelli, F., and Quarta, G.
 2008 Third millennium bc climate change in Syria highlighted by carbon stable isotope
 analysis of 14C-AMS dated plant remains from Ebla. Palaeogeography Palaeoclimatology
- 467 Palaeoecology: 266:51–58

468 Flohr, P. 2012. Reconstructing Water Availability Using Plant Carbon and Nitrogen Stable

- 469 Isotope Ratios: Refining the method using modern and archaeological cereal grains from470 Jordan. Ph.D Thesis, University of Reading, Reading, UK
- 471 Flohr, P., Jenkins, E., Williams, H. R. S., Jamjoum, K., Nuimat, S., and Müldner, G. 2019. What
- 472 can crop stable isotopes ever do for us? An experimental perspective on using cereal carbon
- 473 stable isotope values for reconstructing water availability in semi-arid and arid
- 474 environments. Vegetation History and Archaeobotany https://doi.org/10.1007/s00334-018-
- 475 0708-5
- 476 Fuller, D. and Stevens, C. 2018. Sorghum Domestication and Diversification: A Current
- 477 Archaeobotanical Perspective. In ed. Mercuri, A.M., D'Andrea, A. C., Fornaciari, R., and
- 478 Höhn, A. Plants and People in the African Past Progress in African Archaeobotany. Springer

479 Nature Switzerland. P 427-452

- Handreck, K. A. and Jones, L. H. P. 1968. Studies of silica in the oat plant. IV. Silica content of
 plant parts in relation to stage of growth, supply of silica, and transpiration. Plant and Soil 29
 (3): 449:459
- Harvey, E.L. and Fuller, D.G., 2005. Investigating crop processing using phytolith analysis: the
 example of rice and millets. Journal of Archaeological Science 32: 739–752
- 485 Helbaeck, H. 1960. Ecological effects of irrigation in ancient Mesopotamia. Iraq 22: 186–196
- 486 Hutton, J. T. and K. Norrish. 1974. Silicon content of wheat husks in relation to water
- 487 transpired. Australian Journal of Agricultural Research 25: 203–212
- 488 Jenkins, E., Jamjoum, K., and Al-Nuimat, S. 2011. Irrigation and Phytolith Formation: an
- 489 experimental study. In: Mithen, S.J. and Black, E., eds. Water, life and Civilisation: climate,
- 490 environment and society in the Jordan Valley. Cambridge/New York: Cambridge University
- 491 Press/UNESCO, pp 347-372

- 492 Jenkins, E., Jamjoum, K., Nuimat, S., Stafford, R., Nortcliff, S. and Mithen, S., 2016.
- 493 Identifying ancient water availability through phytolith analysis: An experimental
- 494 approach. Journal of Archaeological Science 73, 82-93
- Jones, G., M. Charles, S. Colledge and Halstead, P. 1995. Towards the archaeobotanical
- 496 recognition of winter-cereal irrigation: an investigation of modern weed ecology in northern
- 497 Spain. In ed. Kroll, H. and Pasternak, R., eds. Res Archaeobotanicae—9th Symposium IWGP,.
- 498 Kiel: Institut für Ur- und Frühgeschichte der Christian-Albrecht-Universität
- Kaufman, P. B., Petering, L. B. and Smith J. G. 1970. Ultrastructural development of corksilica cell pairs in Avena Internodal Epidermis. Botanical Gazette 131: 173
- 501 Kaufman, P.B., P. Dayanandan, Y. Takeoya, W.C. Bigelow, J.D. Jones and R. Ller, 1981. Silica
- in Shoots of Higher Plants. In: Silicon and Siliceous Structures in Biological Systems, Simpson,
- 503 T.L. and B.E. Volcani (Eds.). Springer, New York, pp: 409-449.
- Ma, J. and Yamaji, N. 2006. Silicon uptake and accumulation in higher plants. Trends in Plant
 Science 11(8), 392-397
- 506 Mabry, J., Donaldson, K., Gruspier, G., Mullen, G., Palumbo, Rawlings, M. N. and Woodburn,
- 507 M. A. 1996. Early town development and water management in the Jordan Valley:
- 508 Investigations at Tell el-Handaquq North. Annual of the American Schools of oriental
- 509 Research 53: 115–154
- 510 Madella, M., Jones, M. K., Echlin, P., Powers-Jones, A. and Moore, M. 2009. Plant water
- 511 availability and analytical microscopy of phytoliths: implications for ancient irrigation in arid
- 512 zones. Quaternary International 193: 32–40
- 513 Ma, J. F., Tamai, K., Yamaji, N., Mitani, N., Konishi, S., Katsuhara, M., Ishiguro, M., Murata, Y.
- and Yano, M. 2006. A silicon transporter in rice. Nature 440:688–691
- 515 Märkle, T. and Rösch, M. 2008. Experiments on the effects of carbonization on some
- 516 cultivated plant seeds. Vegetation History and Archaeobotany 17: 257-263

- 517 Markovic, O., Kumar, S., Cohen, D., Addadi, S., Fridman, E., and Elbaum, R. 2015.
- 518 Silicification in Leaves of Sorghum Mutant with Low Silicon Accumulation Silicon:
- 519 https://doi.org/10.1007/s12633-015-9348-x
- 520 Masi, A., Sadori, L., Restelli, F. B., Baneschi, I., and Zanchetta, G. 2014. Stable carbon isotope
- 521 analysis as a crop management indicator at Arslantepe (Malatya, Turkey) during the Late
- 522 Chalcolithic and Early Bronze Age. Vegetation History and Archaeobotany 23:751–760
- 523 Mitani, N., Yamaji, N., and Ma, J. F. 2009. Identification of maize Silicon Influx Transporters.
- 524 Plant & Cell Physiology 50 (1): 5-12
- 525 Mithen, S. 2012. Thirst. Weidenfeld & Nicolson, London
- 526 Montpetit, J., Vivancos, J., Mitani-Ueno, N., Yamaji, N., Rémus-Borel., Belzile, F., Ma, J. F.
- 527 and Bélanger. R. R. 2012. Cloning, functional characterization and heterologous expression
- of TaLsi1, a wheat silicon transporter gene. Plant Mol Biol 79: 35-46
- 529 Mora-González, A., Delgado-Huertas, A., Granados-Torres, A., Contreras Cortes, F., Pavón
- 530 Soldevilla, I. and Duque Espino, D. 2018. Complex agriculture during the second millennium
- bc: isotope composition of carbon studies (δ 13C) in archaeological plants of the settlement
- 532 Cerro del Castillo de Alange (SW Iberian Peninsula, Spain). Vegetation History and
- 533 Archaeobotany 27:453–462
- 534 Novello, A and Barboni, D. 2015. Grass inflorescence phytoliths of useful species and wild
- 535 cereals from sub-Saharan Africa. Journal of Archaeological Science 59:10-22
- 536 Piperno, D. 2006. Phytoliths: A Comprehensive Guide for Archaeologists and Paleoecologists
- 537 Lanham, New York, Toronto, Oxford: AltaMira Press
- 538 Power, R.C., Rosen, A.M., Nadel, D., 2014. The economic and ritual utilization of plants at
- the Ragefet Cave Natufian site: the evidence from phytoliths. Journal of Anthropological
- 540 Archaeology 33: 49-65
- 541 Riehl, S., Bryson, R. and Pustovoytov, K. 2008. Changing growing conditions for crops during
- the Near Eastern Bronze Age (3000–1200 BC): the stable carbon evidence. Journal of
- 543 Archaeological Science 35:1011-1022

- Roberts, N., Eastwood, W. J., Kuzucuoğlu, C., Fiorentino, G., and Caracuta, V. 2011. Climatic,
 vegetation and cultural change in the eastern Mediterranean during the mid-Holocene
- 546environmental transition. Holocene 21:147–162
- 547 Rosen, A. M. and Weiner, S. 1994. Identifying ancient irrigation: a new method using opaline
- 548 phytoliths from emmer wheat. Journal of Archaeological Science 21: 125–132
- 549 Sage, R. F., D. A. Wedin, and M. Li. 1999. The Biogeography of C4 Photosynthesis. In: Sage, R.
- 550 F. and Monson, R. K. eds, C4 Plant Biology. San Diego: Academic Press, pp. 313-373.
- 551 Sangster, A. G., Hodson, M. J., and Tubb, H. J., 2001. Silicon deposition in higher plants.
- 552 Studies in Plant Science 8: 85-113
- 553 Sealy, J. 2001. Body Tissue Chemistry and Palaeodiet. In: Brothwell, D. R. and Pollard, A. M.,
- eds. Handbook of Archaeological Sciences. Chichester: John Wiley & Sons, pp. 269-279
- 555 Shillito, L-M. 2011a. Taphonomic observations of archaeological wheat phytoliths from
- 556 Neolithic Çatalhöyük, Turkey and the use of conjoined phytolith size as an indicator of water
- availability. Archaeometry 53 (3): 631-641
- 558 Shillito, L-M. 2011b. Simultaneous thin section and phytolith observations of finely stratified
- 559 deposits from Neolithic Çatalhöyük, Turkey: implications for paleoeconomy and Early
- 560 Holocene paleoenvironment. Journal of Quaternary Science 26 (6): 576-588
- 561 Tubuna, B. S. and Heckman, J. R. 2015. 'Silicon in Soils and Plants', in Rodriques, FA.,
- 562 Datnoff, LE., eds. Silicon and Plant Diseases. Switzerland: Springer International Publishing,
- 563 7-51.perspective. Functional Ecology 30(8), 1286-1297.
- Yamaji, N., Mitatni, N. and Ma, J.F. 2008. A transporter regulating silicon distribution in rice
 shoots. *Plant Cell*, **20**, 1381–1389
- 566 Yamaji, N., Chiba, Y., Mitani-Ueno, N. and Ma, F. J. 2012. Functional Characterization of a
- 567 Silicon Transporter Gene Implicated in Silicon Distribution in Barley. Plant Physiology 160:
- 568 1491-1497

- 569 Watson, A. M. 1983. Agricultural Innovation in the Early Islamic World: The Diffusion of
- 570 Crops and Farming Techniques, 700-1100 (Cambridge Studies in Islamic Civilization). New
- 571 York, Cambridge University Press
- 572 Weisskopf, A., Qin, L., Ding, J., Ding, P., Sun, G., and Fuller, D. 2015. Phytoliths and rice: from
- wet to dry and back again in the Neolithic Lower Yangtze. Antiquity 89: 1051-1063
- 574 Wendrich W. and Ryan P. 2013 Phytoliths and basketry materials at Çatalhöyük (Turkey):
- timelines of growth, harvest and objects' life histories, Paléorient: 57-65.
- 576 Zuur, A., Ieno, E. N., Walker, N., Saveliev, A.A., Smith, G. M. 2009. Mixed Effects Models and
- 577 Extension in Ecology with R. Springer, New York
- 578
- 579

580 Captions

- 581 Table 1 Mean ratio of sensitive to fixed phytolith forms for studies focused on the
- 582 development of a phytolith water availability index. Results show means from this research
- 583 focused on Sorghum bicolor; Jenkins et al. 2016 focused on Hordeum vulgare and Triticum
- 584 *durum*; Weisskopf et al. 2015 focused on *Oryza sativa* [data generated by Weisskop and
- 585 kindly provided by Fuller]; and Madella et al. 2009 focused on *H. vulgare, H. distichon, T.*
- 586 aestivum; T. dicoccum, and T. spelta
- Table 2 Dry ashing method used to extract the phytoliths from the experimentally grownSorghum bicolor
- Table 3 Three way ANOVA of the log10 of sensitive to fixed phytolith ratio at different sites,irrigation levels and years
- 591
- 592 Figure 1 Map showing the locations of the crop growing sites (triangles). The sites included
- in this study were Deir 'Alla, Ramtha and Salt while the site of Khirbet as-Samra was used
- instead of Salt in the study reported in Jenkins et al. (2001, 2016).
- 595 Figure 2 Photomicrographs of phytoliths from the experimentally grown *Sorghum bicolor*: A)
- rondels (fixed form) from Ramtha 100% irrigated 2009 husk; B) Bilobates (fixed form) from
- 597 Salt 100% irrigated stem; C) Bilobates (fixed forms) interspersed with elongate dentates
- 598 (sensitive form) from Deir Alla 100% irrigated stem D) Elongate dentates (sensitive form)
- 599 interspersed with rondels from Ramtha 2009 100% irrigated stem; E) Elongate dentates

- 600 (sensitive form) interspersed with rondels (fixed form) from Deir Alla 2009 100% irrigated
- 601 husks; F) Bilobates (fixed forms) interspersed with elongate dentates (sensitive form) from
- Ramtha 2009 100% irrigated stem; G) Bilobates (fixed form) interspersed with elongate
- 603 dentates (sensitive form) Ramtha 2009 100% irrigated stem
- 604 Figure 3 Mean ratio of sensitive to fixed phytolith forms from the experimentally grown
- Sorghum bicolor with 95% confidence interval A) mean ratio by growing year; B mean ratio
 by crop growing site
- Figure 4 Mean ratio of sensitive to fixed phytolith forms with 95% confidence interval for samples from the unirrigated compared to irrigated *Sorghum bicolor*: A) all plant parts; B)
- 609 husk; C) leaf; and D) stem
- Figure 5 weight % of phytolith extracted to original plant matter processed by plant part: A)
- 611 Sorghum bicolor (2009); B) Sorghum bicolor 2010 and C) Triticum durum based on 20 plants
- 612 grown as part of the experiments reported in Jenkins et al. (2011, 2016).