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PII: S0959-6526(20)32457-4

DOI: https://doi.org/10.1016/j.jclepro.2020.122410

Reference: JCLP 122410

To appear in: Journal of Cleaner Production

Received Date: 23 February 2019

Revised Date: 16 May 2020

Accepted Date: 19 May 2020

Please cite this article as: Filimonau V, Tochukwu CO, Exploring managerial approaches to mitigating solid waste in hotels of Lagos, Nigeria, *Journal of Cleaner Production* (2020), doi: https://doi.org/10.1016/j.jclepro.2020.122410.

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Exploring managerial approaches to mitigating solid waste in hotels of Lagos, Nigeria

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1 Abstract

2 Due to a steady growth of tourism, hotels in Nigeria generate disproportionate amounts of solid waste. Little is however known about what approaches, if any, Nigerian hoteliers 3 adopt for its mitigation. This study has set to establish the approaches to managing solid 4 5 waste and evaluate their effectiveness in a sample of hotels in Lagos. To this end, it has applied the method of in-depth, semi-structured interviews with 17 hoteliers to reveal the 6 7 role of organisational (managerial and staff attitudes, corporate policies), institutional 8 (governmental policies) and consumption market related (consumer attitudes) factors in shaping the scope of solid waste mitigation. The interview results have demonstrated that 9 Lagos hotels do very little to mitigate solid waste generation. This was attributed to the 10 insufficient support received from the government, but also to the disinterest of hotel 11 guests, managers and employees in environmental conservation. To improve the quality of 12 solid waste management in Nigerian hotels, it is necessary to raise environmental 13 commitment of managers and improve environmental awareness of guests and staff. 14 Governmental involvement is required in the form of educating hotel guests and providing 15 environmental training and 'green' incentives to hoteliers. 16

1 Keywords

- 2 Environmental impact; solid waste management; hotel; developing economy; Africa;
- 3 Nigeria

ournal Pression

1 Highlights

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- 2 Approaches to solid waste management are explored in a sample of Lagos hotels
- Extensive waste disposal practices dominate while prevention is not prioritised 3 •
 - Lack of governmental support and low environmental awareness of consumers are •
 - the prime reasons
- 6 Managerial action framework to optimise solid waste management is proposed •

1 **1. Introduction**

2 Although hotels generate disproportionate amounts of solid waste (Arbulu et al. 3 2015), the scope and the scale of related research remain limited (Mateu-Sbert *et al.* 2013). Past studies have focused on the quantification and characterisation of solid waste 4 5 generated by hotels (Radwan et al. 2012) whilst approaches adopted by hoteliers to its management have been examined to a much lesser extent (Pirani and Arafat 2014). This 6 shortcoming is particularly pronounced in the context of hotels in developing countries 7 8 (Singjai et al. 2018) where a steady growth of international and domestic tourism brings about substantial wastage (Myung et al. 2012). The lack of understanding of how/why 9 solid waste occurs and is subsequently managed in the hotel sector of developing countries 10 hampers progress of their national economies towards the goal of environmental 11 sustainability (Filimonau et al. 2020). 12

Solid waste management (SWM) constitutes an integral element of environmental 13 14 strategies in hotels which aims to: 1) understand the drivers of solid waste generation; 2) identify (internal and external) stakeholders to be engaged in prevention and reduction; 15 and 3) comprehend the determinants of successful mitigation (Pirani and Arafat 2014). 16 17 Effective SWM is critical for hotels as it can affect corporate reputation (Filimonau and de Coteau 2019), operational profit (Papargyropoulou et al. 2016), market competitiveness 18 and customer loyalty (Pirani and Arafat 2016). Hotel managers represent an important 19 20 stakeholder of SWM in hotels (Park et al. 2012) as the success of SWM adoption can be influenced by such socio-demographical characteristics of managerial staff as their 21 22 educational and functional background, but also by personal attitudes of hotel managers towards sustainability (Goll and Rasheed 2005). Managerial support is therefore 23 paramount for the effective adoption of SWM practices in hotels (Bohdanowicz et al. 24 2011). 25

1 To-date, SWM practices in hotels have primarily been studied from the perspective of developed economies (Manomaivibool 2015). A limited number of studies have looked 2 3 at SWM practices adopted in hotels in Africa (Mensah 2020) which is an important 4 drawback given that the African context is substantially different from the context of other countries. Low living standards; insufficient levels of public environmental awareness; 5 lack of resources; and poor governance prevent effective SWM in Africa (Mensah 2014). 6 More research is therefore necessary to understand the SWM practices adopted by hotels 7 in specific African countries and how these can be improved (Mensah and Blankson 8 9 2013).

Nigeria is a large developing economy and the most populous country in Africa with circa 180 million residents (Mbachu and Alake 2016). Tourism plays an important role in the Nigerian economy as it catalyses economic growth and represents an industry of strategic and highly profitable business investment (Aniah *et al.* 2009). The on-going tourism development in Nigeria has accelerated solid waste generationwhose management remains, however, under-studied (Mbah and Nzeadibe 2017).

With its 15 million residents, the Lagos State is the 4th most populated city in the 16 world (Oyeniyi 2011). It is forecasted that Lagos will permanently accommodate 25 17 million residents by 2025 with further 5 million people commuting to the State on a daily 18 basis (Olusola and Ikorodu 2016). The important role of tourism in the local economy of 19 Lagos has been acknowledged (Akinyemi and Oduntan 2014) and the tourism industry has 20 been identified as a major revenue earner of the State (Fattah and Fasinro 2017). This is 21 reflected in a steady growth of the local hotel market: since 2003, in terms of the total 22 number of hotel rooms available, the hotel sector in Lagos has increased almost fivefold 23 and its further rise is anticipated (Olusola and Ikorodu 2016). In 2015 the Lagos State was 24 25 home to 1,164 hotels (Legute 2015) which represented almost a quarter of the hotel market

in Nigeria. Most of these hotels were chain-affiliated, but the share of independent hotel
brands was also significant (Nwosu 2016). In terms of size, most hotels were medium-tolarge but small hotels occupied a sizeable portion of the market (Nwosu 2016). Solid waste
generation is a key challenge for Lagos and tourism holds a stake in its acceleration
(Chikwendu *et al.* 2019).

6 No research has attempted to-date to shed light on the SWM practices adopted by 7 hotels in Lagos, thus hindering an understanding of how the growing challenge of solid 8 waste generation is tackled by hoteliers. This paper aims to at least partially plug this 9 knowledge gap by exploring SWM in a sample of Lagos hotels. It is hoped that this study 10 will spark subsequent research on solid waste and its management in the hotel sector of 11 Lagos, and other cities of Nigeria, thus prompting an understanding of how SWM in hotels 12 can be improved.

Drawing upon the conceptual framework proposed by Guerrero *et al.* (2013) which highlights the particular complexity of SWM when applied in the context of developing countries, this study has set to answer the following research questions:

- How big is the challenge of solid waste generation in the Lagos hotels and how is
 it managed on the ground?
- 2. What are the main, internal and external, facilitators and inhibitors of SWM inthe Lagos hotels?
- 3. What measures need to be applied to facilitate more effective SWM practices inthe Lagos hotels?
- 22

2.

Methods and materials

To achieve the aim of this study, a qualitative research paradigm was adopted. Despite a known issue of limited generalisability and restricted representativeness of its outcome, qualitative research is best suited for exploratory studies of the phenomena that

1 have been under-researched (Moriarty 2011). This is to build an initial understanding of the issue under review, which can subsequently be conceptualised and investigated in 2 depth by applying a quantitative research paradigm (Veal 2006). Qualitative research fits 3 the scope of this project as no prior study of SWM in Nigerian hotels has been undertaken. 4 Qualitative research is best used when reaching for audiences whose population is limited 5 and that are difficult to recruit (Ellard-Gray et al. 2015). The difficulties in accessing 6 managers in general, and hospitality managers in particular, have been recognised 7 (Poulston and Yiu 2010), which further justifies the choice of a qualitative research 8 paradigm for this study. Lastly, earlier studies have revealed that quantitative surveys 9 adopted for investigation of certain sensitive issues in business operations, such as 10 environmental management practices, tend to be inconclusive which is attributed to low 11 response rates achieved, ambiguous responses provided or social desirability biases 12 recorded (Kelley et al. 2003). Hence, this project has opted for a qualitative research 13 paradigm to study SWM practices in hotels in the Lagos State of Nigeria. This is in line 14 15 with previous studies on SWM in hotels conducted in the context of developed economies that have all used qualitative methods for primary data collection and analysis (see, for 16 example, Erdogan and Baris 2007; Radwan et al. 2010; Radwan et al. 2012). 17

Within the portfolio of qualitative research instruments, semi-structured interviews were chosen due to their proven methodological robustness and flexibility (Snape and Spencer 2003). An interview schedule was devised based on the outcome of the literature review. It incorporated the following main themes: the magnitude of solid waste generation in hotels; environmental management initiatives adopted in hotels (generic and those related to SWM); perceived impacts of adopting effective SWM practices in hotels; opportunities and challenges of SWM in hotels; the role of stakeholders. Any new themes

that were emerging from interviews were integrated into the interview schedule and the
 schedule was regularly revised to maintain relevance and currency.

3 For recruitment, purposive sampling was adopted. Purposive sampling necessitates the use of personal judgements in the selection of suitable cases that will best meet the 4 5 research scope and objectives (Saunders et al. 2009). Participants were recruited from among managers of hotels in Lagos. The selection criterion was that willing participants 6 would be managers dealing with SWM practices in their hotels on a regular basis who 7 8 would be able to elaborate upon their perception of the determinant factors for the SWM adoption in their hotels. The hotel sector is highly diverse and represented by 9 accommodation facilities of different sizes, affiliation and comfort categories, which have 10 been found to impact the success of environmental management initiatives applied within 11 the sector (Rivera 2004). This holds true for the Lagos State and, hence, a sample of hotels 12 which is broadly representative of the different segments of the local hotel market as 13 described by Nwosu (2016) was sought (Table 1). For the maximum breadth of managerial 14 opinions, every effort was made to ensure the sample contains the main hotel categories in 15 terms of comfort (budget-upmarket-luxury), size (small to large) and affiliation (chain or 16 non-chain affiliated). Furthermore, given that the socio-demographic profile of managers 17 affects the success of environmental management programmes in hotels (Goll and Rasheed 18 2005), interview participants were purposefully recruited to represent major socio-19 demographic characteristics of the managerial population of hotels in Lagos in terms of 20 gender, age, educational level and managerial experience (Table 1). 21

22

23

1 Table 1. Interview participants (n=17).

Pseudonym	Gender	Approx. age	Education level Degree = University degree	Hotel type	Hotel size Small (< 50 rooms) Medium (51-100 rooms) Large (> 100 rooms)	Chain- affiliated?	Experience in a managerial role + Limited (< 2 years) ++ Medium (2-5 years) +++ Extensive (> 5 years)
Emiola	Male	In their 40s	Below Degree level	Upmarket	Large	Yes	+++
Jeff	Male	In their 40s	Degree and above	Luxury	Medium	No	+++
Yomi	Female	In their 30s	Degree and above	Upmarket	Large	Yes	++
Charity	Female	In their 30s	Below Degree level	Luxury	Medium	Yes	++
Christian	Male	In their 40s	Degree and above	Luxury	Medium	Yes	+++
Emeka	Male	In their 40s	Degree and above	Upmarket	Large	Yes	++
Mary	Female	In their 20s	Degree and above	Budget	Small	No	++
Faramade	Female	In their 40s	Below Degree level	Luxury	Medium	No	+++
Thomas	Male	In their 20s	Degree and above	Luxury	Medium	No	+
Levi	Male	In their 30s	Below Degree level	Upmarket	Large	Yes	++
Clinton	Male	In their 30s	Degree and above	Budget	Small	No	+
Moses	Male	In their 20s	Below Degree level	Budget	Small	No	++
Sandra	Female	In their 20s	Below Degree level	Budget	Small	No	+
John	Male	In their 40s	Below Degree level	Upmarket	Medium	No	+++
Frederick	Male	In their 40s	Below Degree level	Budget	Medium	No	++
Clair	Female	In their 30s	Degree and above	Luxury	Medium	Yes	++
Emily	Female	In their 30s	Degree and above	Upmarket	Medium	Yes	++

1	Interviews were conducted in July-August 2016 and then again in January-February
2	2017 which was due to poor response rate to the first wave of interviews. In total, 17
3	participants were recruited and this number was determined by the 'saturation' effect
4	(Guest et al. 2006). This effect was detected through the application of iterative analysis
5	and interviewing was drawn to a close after no new themes were found to be emerging
6	from the material collected. Table 2 shows the frequency of occurrence of specific
7	codes/themes in interview transcripts. The effect of 'saturation' can be observed with the
8	higher pattern of frequency of responses. Marshall et al. (2013) argues that 'saturation' is
9	usually achieved with 10-30 interviews and this study fits into this range. Interviews lasted
10	between 25 and 60 minutes; they were conducted in English, recorded and subsequently
11	transcribed. No financial incentives were offered.

Table 2: The coding structure with themes and sub-themes. The two very right columns show 1) the number of text passages assigned to each sub-theme (N) and 2) the proportion of participants (in %) who raised a particular theme in interviews.

Themes	Sub-themes	Total	
		Ν	%
Managerial commitment	Poor managerial knowledge on the environmental repercussions of solid waste generation in hotels	15	88
	Lack of understanding of the waste management hierarchy and its benefits for a hotel	12	71
Role of the	Weak public solid waste collection system	17	100
government	Poor financial incentives / Disincentivisation	13	76
Role of staff	Poor consumer awareness of the issue of solid waste generation		94
and customers	Staff disengagement	10	59

15

16 The study adopted thematic theory for data analysis, which represents the most 17 popular approach to analyse and interpret the outcome of semi-structured interviews 18 (Braun and Clark 2006). Analysis started with transcribing, reading through the text and 19 coding the data. Relevant data were then identified and categorised into different segments 20 (Creswell 2009). These segments were then labelled with the terms that describe the data

on the different levels of abstraction. Table 2 presents the coding structure devised for this
study. Open coding of sentences and phrases were drawn from the transcribed interviews,
from which three main themes emerged. Verbatim quotations were employed to support
selection of the themes.

5

3. **Results and discussion**

6

3.1. Managerial commitment

7 The interviews began with probing questions designed to understand the significance 8 of the issue of solid waste generation for the Lagos hotels. All managers agreed that their 9 hotels generated substantial wastage where solid waste, in particular food waste, constituted a main fraction. Despite the probes made, hoteliers were unable to provide 10 accurate assessments of the quantities of solid waste produced on their premises. Instead, 11 the challenges of solid waste generation were described in qualitative terms, such as 12 'large', 'substantial' and 'significant'. This is in line with Filimonau et al. (2019) who 13 found that precise waste estimates are not always available among hospitality managers as 14 other operational issues are deemed to be of more importance. Managing hotel's solid 15 waste in Lagos was considered a routine operational burden and most hotels dealt with it 16 on an ad-hoc and 'when and if required' basis, without integrating it into established 17 corporate policies. 18

The lack of environmental commitment among managers was identified as a determinant of ineffective SWM in hotels in the Lagos State. In part, this was driven by poor managerial knowledge about the environmental repercussions of solid waste generation which is in line with Guerrero *et al.* (2013). Businesses need to understand how their operations affect the environment, but the lack of environmental education often hinders pro-environmental intentions of hotel administration (Simpson *et al.* 2004). Imam *et al.* (2008) posit that public recognition of solid waste generation in Nigeria is limited

and governmental efforts to increase consumer and business awareness of solid waste are
insufficient. Drawing upon Bohdanowicz (2006), it is argued that, to enhance managerial
commitment to adopt effective SWM practices in the Lagos hotels, it is important for the
national government in Nigeria to improve public environmental awareness by designing
targeted awareness-raising and educational campaigns:

6

You know, it does not make sense if there are over a thousand hotels in the
state and only a few hotels are spending their money on the environment
while others are not. There needs to be a tip of education or awareness
raising programme given to all hotel owners, managers and prospective
investors on why it is important and profitable for them to actually care
about the environment and reduce waste generation' (Levi)

13

Most participants claimed to prioritise other business matters, such as profit-making, 14 human resource management and customer service over implementing environmental 15 management programmes, including SWM which is in line with Kasavan et al. (2019). 16 The lack of resources is a known inhibitor of SWM (Guerrero et al. 2013), but this issue is 17 particularly pronounced in the hotel sector given the small-to-medium size of many 18 hospitality enterprises. Limited resources are therefore a major off-putting factor for hotels 19 to engage in environmental conservation (Leonidou et al. 2013). The issue persists across 20 the sector, but is particularly pronounced in developing countries where hotel managers are 21 22 foremost concerned with short-term profits for the purpose of meeting business objectives and satisfying shareholder expectations, while other aspects of business operations are 23 often left unattended (Mensah 2020). This is well articulated by Mary: 24

'Hotels have many things to invest in and protecting the environment might
not therefore be their priority. The management have to spend their time
thinking about how to maintain the hotel, how to increase the quality of
room service and make profit, thinking about how to train and pay their
staff. So, they do not want to create another challenge and headache by
thinking how to implement and maintain the environmental management
measures in the hotel, no'

8

9 As a result, with two exceptions discussed below, the sample hotels did not have any environmental policies, let alone the SWM policies, in place. The positive impact of 10 sustainability interventions in hospitality enterprises on business profitability (Nicholls and 11 Kang 2012), employee engagement (Chou 2014), consumer satisfaction (Lee et al. 2010) 12 and public image (Dimara et al. 2017) has long been recognised, but these benefits do not 13 14 look obvious to the Lagos hotels. By highlighting the advantages of environmental conservation in hotels and showcasing good business practices in its implementation, the 15 national government can contribute to the development of sound SWM programmes in the 16 17 hotel sector of Nigeria. Academic research should supplement these governmental efforts by demonstrating the benefits of adopting SWM in hotels, drawing upon good business 18 practices from developed and developing countries, especially those in Africa. 19

Next to insufficient managerial commitment to sustainability, limited knowledge and understanding of the waste management hierarchy and how it can be implemented in hotels was identified as a barrier. This is in line with studies conducted in both developed (Radwan *et al.* 2010) and developing countries (Pirani and Arafat 2014), which suggests its 'universal' significance. Most hoteliers did not know the exact volume and the precise character of the solid waste generated on their premises and no separation and recycling

were undertaken on-site. Waste audit is a basic step towards the design of SWM in hotels
(Camillieri-Fenech *et al.* 2020), but it does not exist in the Lagos hotels where managers
tend to assign a basic financial value to the amount of waste generated, rather than to know
its size and composition:

5

6 'OK, we know what volume of waste we produce, but it is not measured. I 7 mean it is measured by erm... a number of big rubbish bins. So, on a weekly 8 basis, waste collection company comes to carry away not more than four 9 rubbish bins. So, anytime it is more than four, we have to pay, they will charge us more. But do I know the capacity of those bins? No, I do not. But 10 there is a certain amount. And once you have exceeded that amount, then 11 you have to pay extra charges, this is the only thing that matters to me' 12 13 (Moses).

14

Prevention is at the top of the waste management hierarchy (Papargyropoulou *et al.* 15 2016) and, among other measures, can be facilitated by 'green' procurement. Most 16 participants agreed that the 'green' product market was non-existent in Nigeria and 17 considered the product price and its quality as the only determinants of hotel's purchasing 18 decisions. Some hotels did not buy 'green' products deliberately as they feared that these 19 would be too expensive and of low quality, and might subsequently damage consumer 20 experience and the hotel image. This is in line with Revell and Blackburn (2007) who 21 22 argue that product quality and price are the most important drivers of business procurement with recycled products being viewed negatively due to their association with 23 a lower quality and a higher cost. 24

A probe was made into the opportunities that exist in the Lagos hotels to prevent on-
site solid waste generation in an attempt to reduce the amount prepared for collection, thus
minimising the collection costs. All managers were positive about the minimisation of the
solid waste flows but did not see much scope for managerial intervention here. Practical
examples of managerial actions that could enhance SWM in hotels include, among others:
reducing plate size in hotel restaurants (Kallbekken and Sælen 2013), reusing textiles and
toiletries (Legrand et al. 2016) and offering 'doggy bags' to restaurant customers (Sirieix
et al. 2017). Consumer behaviour was blamed for the generation of excessive amounts of
solid waste in the Lagos hotels while implementing operational changes to 'nudge' more
responsible consumer behaviour was rejected for financial reasons. Similar observations
are made by Radwan et al. (2012) in the context of a developed country, which indicates
that this problem persists globally:

13

Well, it is difficult to say how we can pro-actively minimise waste. You can
only do that here when the hotel has a policy. A policy that says that lodgers
cannot go outside and buy food or drink and bring it inside the hotel. But we
do not have such a policy. So, you can go out and buy whatever, because
you do not want to eat at the hotel as it is expensive. You are generating
waste and we cannot control that, because you have paid for your room and
there is no policy like that' (Sandra)

21

The waste management hierarchy prioritises reuse over disposal (Papargyropoulou *et al.* 2016) and there are numerous opportunities for hotels to reuse solid waste (Phu *et al.* 2019). Most managers acknowledged the substantial potential of reuse and claimed to occasionally make use of this approach. Toiletries were reused by many and some donated

1 obsolete in-room electronics and furniture to staff. As the theme of donation emerged, a 2 probe was made into donating unsold and excess food from hotel restaurants to the people in need, a topic which has attracted substantial attention in Europe to-date (Filimonau and 3 4 de Coteau 2019). Some managers agreed it would be a feasible practice but all were concerned about the health and safety implications of food donations to the public. 5 Governmental intervention was called for to facilitate the process of food donation for the 6 Lagos hotels by simplifying the national legal system in terms of health and safety 7 8 liabilities. This underlines the critical role of national government as an important facilitator of effective SWM practices across all economic sectors (Guerrero et al. 2013). 9

When a product cannot be reused, it should be recycled (Papargyropoulou et al. 10 2016). Most participants did not engage in recycling as no recycling facilities were 11 available in Lagos, which is in line with Kofoworola (2007). On-site recycling was not 12 considered feasible due to high operational costs and space constraints. Irresponsible 13 consumer behaviour also played a role in the limited adoption of recycling with some 14 managers stating that recycling bins installed in hotel rooms were abused by hotel guests. 15 16 Many hotels embraced recycling indirectly as they provided waste bins for inspection to the street scavengers, known as the 'diky-diky' in Nigeria. The scavengers were allowed to 17 take items from the bin for recycling or resell, thus reducing the cost of waste collection 18 for hotels: 19

20

You know, there is actually a recycling bin in our hotel, which I observe
people do not really use. They think, oh, there is a recycling bin, so what?
Even if they put the right waste into certain holes, they know that beyond
that it is not going anywhere to be processed, so what is the point?'
(Emiola)

2	'Recycling I do not think it is our work, but there are local people around
3	in charge of that. We call them the "diky-diky". The diky-diky are in charge
4	of plastics, any refuse plastics. Maybe you are not financially buoyant and
5	your bath has a leakage. Then you call them to help you patch it. People of
6	their calibre are in charge of plastics, iron, bottles here. So, when we put
7	the trash bin out and these people are passing by, they take some things out.
8	That is the only thing they use as their source of living here' (Clinton)

9

Landfilling is a major method for solid waste disposal in Nigeria and the least 10 preferred option in the waste management hierarchy (Papargyropoulou et al. 2016). Most 11 Nigerian businesses discharge their solid waste to landfills (Kofoworola 2007) which was 12 confirmed in this study. In the Lagos State, municipal solid waste is also treated by open 13 incineration, which imposes detrimental effects on local air quality (Kofoworola 2007). 14 15 Most hotels were aware about these waste disposal methods and expressed certain concerns over their environmental repercussions for the locals. Hotels did not associate the 16 growing environmental footprint of the Nigerian hotel sector with their own business 17 18 operations, especially with the amount of solid waste generated on their premises. This was a logical consequence of having no corporate or government-reinforced environmental 19 policy in place for the majority of hotels in Nigeria. 20

In contrast, two managers in the sample demonstrated better environmental knowledge and stronger environmental commitment, which was reflected in the dedicated environmental policies adopted by their hotels. Waste minimisation was an integral element of these policies and both hoteliers claimed to have conducted regular waste audits and implemented SWM practices. This confirms Sourvinou and Filimonau (2018)who

posit that a corporate environmental policy is a cornerstone of effective environmental management programmes in hotels as it demonstrates the shareholder and managerial commitment to reduce the environmental repercussions of business operations. Both hotels with dedicated SWM practices were upmarket and chain affiliated hotels. This is in line with Chan (2008) who argues that budget hotels lack resources which hinders their engagement with sustainability interventions.

7

3.2. The role of the government

8 Implementation of sustainability interventions in hotels should be supported by the 9 national government and local authorities (Pirani and Arafat 2014). National institutions of 10 power are a key stakeholder in SWM in developing countries (Guerrero *et al.* 2013) and, in 11 this study, the lack of support from the Nigerian government was seen as a major barrier 12 towards the adoption of effective SWM practices in the Lagos hotels. The key shortfalls 13 were attributed to the inefficient solid waste collection system and financial 14 (dis)incentivisation of business engagement with SWM.

15 Most participants agreed that the public system for solid waste collection in Lagos was poorly organised due to immature environmental legislation and ineffective 16 implementation of national environmental policies. This confirms Idowu et al. (2011) who 17 18 recognise the need for the reinforcement of the environmental planning and management measures in Nigeria, including in the area of SWM. Formerly, the Lagos hotels were 19 allowed to use private solid waste carriers, known as the "aboki", but this practice was 20 banned by the government as private companies were dumping solid waste in any location 21 of their choice, thus having significant implications for the local ecosystems and public 22 health (Onwughara et al. 2010). However, private solid waste carriers were cheaper and 23 more reliable compared to the newly introduced public collection service provided by the 24 25 local authorities. Managers of large hotels that generated substantial volumes of solid

1 waste on a daily basis were particularly apprehensive towards the new practice because they were charged on a 'per bin' basis. Besides high costs, most hotels mentioned 2 infrequent and irregular pickups as the shortfalls of public waste collection service. 3 4 Obsolete, unsafe and aesthetically unpleasant waste collection vehicles were also raised as an issue. This supports Gladding (2002) who refers to the under-developed and poorly 5 maintained infrastructure as a key challenge to implement SWM in Africa. This is a logical 6 implication of capital shortage (Ogu 2000) while effective SWM requires steady funding 7 8 (Abila and Kantola 2013). Because of these drawbacks, some hotel managers claimed to 9 still be using private waste carriers or bribing public collectors in an attempt to reduce their business operational costs: 10

11

'You know, in the Lagos State, there is no real organised waste collection 12 thing. I had an issue with them, actually, because they come just, like, twice 13 14 a week but charge a lot. You cannot come to a hotel to carry waste twice a week and expect us to pay you seventy-two thousand naira [£188] a month, 15 it is no good! Instead, I will be daily paying 2,400 [£6] to the aboki so that 16 17 they come to carry the waste when and if required... So, it is [public solid waste collection] expensive and it is not properly organised. It is not even 18 done twice a week as you often come to the street and you see dustbins 19 everywhere. That is why everywhere is dirty. And if you call them, and tell 20 them, hey, this place has filled up, you are supposed to have come on 21 22 Monday and you did not, so what happens, they will say erm... our motor broke down, for example, or erm... we do not have enough fuel. And whether 23 they carry it [waste] or not, we pay them!' (Yomi) 24

1 Next to optimising the cost-effectiveness and improving the quality of public solid 2 waste collection services, the Nigerian government should incentivise hotels that are 3 willing to engage in SWM. Sustainability interventions in hotels necessitate significant 4 initial investments while the return is relatively low and largely long-term (Chan 2008). As the sector is made up by small-to-medium, usually independent enterprises, hotel managers 5 have limited resources and often fail to implement SWM despite possible managerial 6 commitment (Chan and Hawkins 2010). Dedicated financial support mechanisms (for 7 example, interest-free loans or loans with a low interest rate) are necessary to incentivise 8 the Lagos hotels and enable investments in SWM. Lastly, given the growth of business 9 travel in Nigeria, the national government could facilitate competition among hotels for the 10 right to accommodate civil servants who travel for business. This competition can be 11 12 underpinned by environmental considerations and only those hotels can be contracted that have effective SWM practices implemented. Hotels can also be selected based on their 13 environmental credentials as demonstrated by eco-label awards and environmental 14 15 management certification (Chan 2008). In particular, external recognition, such as the 'Africa's Leading Green Hotel Award' (World Travel Awards 2018) can be employed as a 16 tool to enhance managerial commitment towards implementing more effective SWM 17 practices. Such prestigious, cross-boundary, awards can prompt hotels in Lagos to invest in 18 19 SWM as external recognition holds significant potential to improve corporate reputation in 20 Nigeria, but also internationally, and to showcase managerial effectiveness:

21

We operate in such a tough environment where there is little support from
the authorities, at all three levels, federal, state, local. They just see hotels
as a source of revenues from taxes. There is no support from the
government. We are in business and for us the priority is to make profit, pay

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the bills and pay the salaries. So, prioritising the environment is difficult
because we do not get any help from their [government] side. Their mind is
just on increasing taxes and catching the revenues, not on saving the
environment' (Jeff)

5

6 To summarise, the crucial role of the national government in Nigeria is seen 7 in showcasing to local hoteliers the benefits of implementing effective SWM practices. For example, tangible evidence of financial savings and political 8 9 preferences that the hotels can achieve should they engage in solid waste separation, recycling, and composting should be provided. The national 10 government in Nigeria should reinforce environmental regulations to ensure they 11 meet the expectations of the hotels regarding solid waste collection and recycling 12 practices. Without strong and consistent governmental support, any SWM related 13 14 initiatives undertaken by hoteliers are unlikely to succeed and sustain.

15

3.3. The role of staff and customers

16 *3.3.1. Staff*

Employees play a critical role in implementing sustainability interventions in 17 companies (Sourvinou and Filimonau 2018). Employees can further be positively affected 18 by hotel's environmental initiatives through a so-called 'spill-over' effect, thus underlining 19 the importance of staff as a key stakeholder for effective SWM (Guerrero et al. 2013). 20 Hotel managers should therefore engage staff in environmental management programmes 21 22 and ensure that employees understand and actively partake in hotel's sustainability actions (Kim and Choi 2013). Long-term operational commitment to sustainability in hotels can 23 only be achieved when managers and staff share corporate pro-environmental vision 24 (Govindarajulu and Daily 2004). 25

1	Many managers saw staff as a barrier towards the implementation of effective SWM
2	practices in hotels. This was attributed to low environmental awareness of employees and
3	to the lack of environmental management training provided in-house. This supports
4	Sharma (2000) who posits that hotel staff do not always embrace SWM practices due to
5	insufficient knowledge of the benefits they bring and because of the fear that SWM may
6	impose extra work. Bohdanowicz et al. (2011) show that financial incentives are positively
7	correlated with pro-environmental commitment of hotel employees and can facilitate staff
8	participation in environmental management programmes. When probed on managers, the
9	idea was rejected by all hotels for financial reasons. Same argument was used by managers
10	when explaining why no environmental management training was provided to staff.

The lack of internal and external expertise on SWM in hotels which hampered 11 employee training on how SWM should be implemented was also noted. The effective 12 13 adoption of environmental management programmes in hotels requires investment in staff training to enhance employee environmental knowledge and build commitment (Dias-14 Angelo et al. 2014). It is therefore important that the Lagos hotels understand the value of 15 16 environmental training and allocate dedicated budgets for SWM training of staff. The Nigerian government can assist by providing expert advice and offering qualified coaching 17 service. Managerial workshops can be organised by the government free-of-charge and the 18 international experts in sustainability can be invited to share their experience with Nigerian 19 hotels: 20

21

22 '...Trust me, training for things like waste management is not a factor here.
23 But do not get me wrong, the staff appreciate the investment when they're
24 trained for customer service, when they are trained for, you know, those
25 things that can directly impact on their job. But for the peripheral things,

such as waste management, it will not make much of a difference. It will be
too expensive and there is no expertise, be it within the hotel or among the
government' (Christian)

4

5

3.3.2. Customers

6 Evidence suggests that consumer environmental awareness is gradually growing around the globe, which is reflected in the increased willingness of hotel guests to embrace 7 more environment-benign products and services during their stay (Bruns-Smith et al. 8 2015), appraise early industry adopters of sustainability initiatives (Fraj et al. 2015) and 9 10 pay a premium for responsible practices in hotels (Dimara *et al.* 2017). There are however significant geographical variations in the level of customer engagement with pro-11 environmental initiatives in hotels (Pirani and Arafat 2014). In Nigeria, public 12 environmental awareness is low and there is a widespread cultural belief that solid waste 13 represents a useless and invaluable material which cannot be recycled or reused (Abila and 14 Kantola 2013). According to Karatu and Mat (2015), this cultural vision of waste drives 15 irresponsible public attitudes and is depicted in excessive street littering in Nigeria. 16 Consumer attitudes can therefore affect the success of the SWM adoption in Nigerian 17 hotels and the important role of consumers outlined by (Guerrero et al. 2013) was tested in 18 this study. 19

Most participants viewed customers as a hindrance towards the SWM adoption. This was partially attributed to the low levels of public environmental awareness in Nigeria. In part it was also due to managerial unwillingness to compromise hotel guest comfort. This is in line with the literature, which argues that hotels often tend to shift environmental responsibility from themselves to consumers, thus ignoring the important role played by

hospitality businesses in 'nudging' and architecting more responsible customer behaviour
 (Filimonau and Krivcova 2017).

3 One manager viewed consumers in a positive light and as a driver of potential proenvironmental change in hotel operations. However, it was an opinion of a luxury, chain-4 5 affiliated hotelier catering for international tourists and the representatives of the Nigerian 'middle class'. This indicates that upmarket and luxury hotels can become the 'role 6 7 models' in driving the SWM implementation in Nigeria, subject to the corporate and 8 governmental reinforcement as outlined in sections 3.1 and 3.2. The Nigerian government should educate tourists about the environmental repercussions of their consumer decisions, 9 thus aiding hotels in their quest towards sustainability: 10

11

'Well, there are middle class local and international people in our hotel and 12 they are people who are more exposed to these interventions [SWM]. I think 13 they would actually welcome these interventions. These are the people who 14 travel, who have seen these things in action in other, more advanced 15 countries, and they would probably like to see these here as a term of 16 further development. So, if there is right equipment invested in and sufficient 17 public knowledge, I see no reason why people would not participate [in 18 SWM practices]' (Charity). 19

- 20
- 21

3.4. Facilitating more effective SWM practices in the Lagos hotels

Managerial interviews enabled the design of an action framework for the adoption of more effective SWM practices in the Lagos hotels (Figure 1). The framework consists of four managerial action blocks underpinned by pro-active corporate and governmental

1 policies. Managerial commitment to a long-term SWM programme in a hotel represents a 2 cornerstone of all subsequent actions (Filimonau and de Coteau 2019). Once it has been 3 built, a comprehensive waste audit should be undertaken in a hotel, highlighting the areas 4 for mitigation intervention (Kularatne et al. 2019). The intervention measures should be designed based on the waste management hierarchy where solid waste prevention should 5 be prioritised over disposal, where possible (Papargyropoulou et al. 2016). The outcome of 6 these intervention measures should be regularly monitored and utilised to enhance the 7 quality of a SWM programme in a hotel (Filimonau et al. 2019). Both consumers and staff 8 9 are instrumental in the success of SWM actions in a hotel and their engagement should be encouraged via dedicated awareness raising campaigns and training (Okumus 2020). The 10 feedback from consumers and staff should be utilised by hotels to enhance the 11 effectiveness of their SWM interventions. 12

13

4. Conclusions

This study contributed to knowledge with an exploratory analysis of the approaches 14 to SWM in hotels of the Lagos State, Nigeria. It revealed that the challenge of solid waste 15 generation here was substantial but highlighted limited managerial actions towards its 16 mitigation. The study found that SWM practices in the Lagos hotels were largely extensive 17 and disposal-focused with very limited adoption of the preventative vision. Governmental 18 disinterest in facilitating SWM in Nigerian hotels was reflected in passive corporate 19 20 environmental policies that, in turn, hindered managerial commitment towards sustainability interventions. Low public environmental awareness and staff disengagement 21 imposed further obstacles. Thus, the contribution of this work to knowledge is in that it is 22 the first study to highlight the main inhibitors of effective SWM in the Lagos hotels and to 23 outline measures required to reduce the impact of these inhibitors. 24

By exploring a sample of hotels in the Lagos State, Nigeria, the study provided 1 2 further evidence in support of the conceptual framework proposed by Guerrero et al. 3 (2013) which revealed the complexity of SWM when applied in developing countries. In 4 terms of practical contribution, the study showed that, for effective SWM application in the Lagos hotels, integrated stakeholder effort was necessary. Within the pool of 5 stakeholders, the national government should take the lead to improve the quality of the 6 SWM infrastructure in the country as well as to educate consumers and managers. 7 Governmental reinforcement should shape corporate environmental policies, especially in 8 international chain hotels. International chain hotels could then serve as 'role models' to 9 set an example for other Nigerian hotels to follow. Growing environmental awareness of 10 Nigerian consumers could subsequently push the national hotel sector towards the 11 12 adoption of more environmentally-benign patterns of business operations in an attempt to seize the gradual changes in customer purchasing preferences. 13

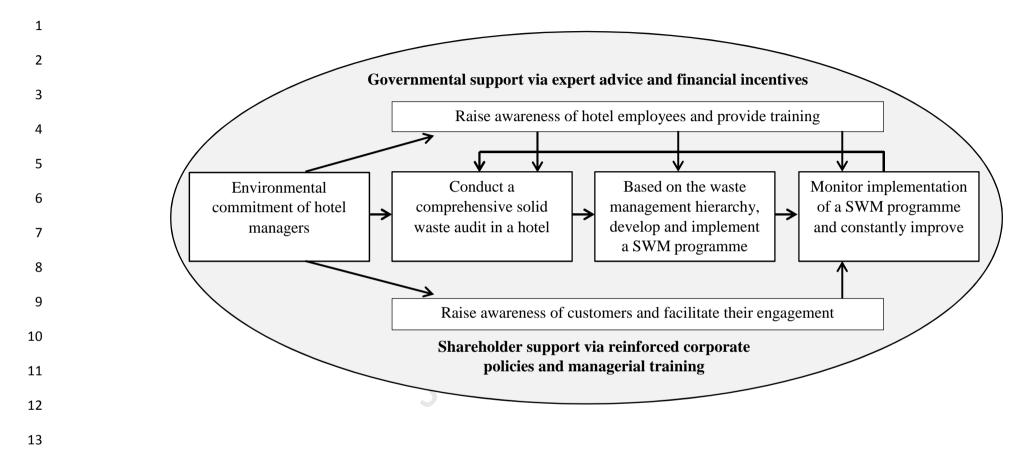
Another practical contribution is in that the study demonstrated that the local hotel 14 associations should aid the Nigerian government in incentivising the adoption of more 15 16 effective SWM practices in hotels. This aid could take the form of awareness-raising campaigns for hotel managers and in training provision for hotel managers and staff. Local 17 hotel associations could organise regular workshops for hotel managers in Nigeria where 18 foreign speakers (for example, those from Europe and North America) would share their 19 first-hand experience and 'best business' practices in tackling the issue of SWM in hotels. 20 Nigerian hoteliers could subsequently consider how this foreign experience might be 21 adopted for application in the local context. 22

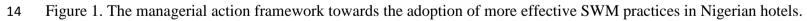
Whilst the outcome of this exploratory study is most representative of the Lagos hotels in Nigeria, it is argued that it can be utilised by industry professionals and decisionmakers in other developing countries within the wider region of Sub-Saharan Africa. The

political and socio-economic conditions in this region are fairly homogeneous, thus implying that the determinants of effective SWM could be similar among the region's hotels. When properly adopted to account for the national political and socio-economic circumstances, the managerial action framework proposed in this study can inform managerial and policy-making practice in the neighbouring states of Nigeria, such as Togo, Benin and Ghana.

7

Journal Prevention





The study revealed a number of promising research avenues. First, given that SWM 1 2 practices in the hotel sector of developing countries have never been comprehensively 3 assessed, future studies should look into this issue in the context of other emerging economies in Africa, Asia and South America. Such studies should be conducted from 4 both, quantitative and qualitative, research perspectives. Whilst quantitative research 5 would provide data on the amount of solid waste generated in hotels in the above 6 countries, thus highlighting the magnitude of the problem under review, qualitative studies 7 8 would critically evaluate managerial approaches to its minimisation. The outcome of qualitative research could subsequently be used to inform large-scale, cross-sectoral 9 quantitative managerial surveys. This is to ensure better generalisability and 10 representativeness of results. Comparative analysis with a view to outline 'best business' 11 12 models and assess the feasibility of their adoption in various national contexts should also be conducted. This is particularly important in the context of the emerging concept of the 13 circular economy where managerial attitudes to solid waste minimisation often represent a 14 15 major driver (and inhibitor) of corporate sustainability agenda. Second, this study indicated that upmarket and chain-affiliated hotels in the Lagos are more advanced in terms of their 16 SWM adoption. Future research should therefore investigate managerial approaches to 17 SWM in the above hotel categories to better understand how this enhanced corporate and 18 19 managerial commitment could be replicated in budget and independently-owned hotels in 20 Nigeria. Next, future research on the effective adoption of SWM practices in Nigerian hotels should encompass opinions of other stakeholders. Hotel employees, local tourism 21 and environmental policy-makers and hospitality suppliers should be engaged in future 22 discourse on SWM given the important role they play in solid waste prevention and 23 minimisation. In particular, opinions of the government should be heard on how the extant 24 system of solid waste collection, recycling and disposal functions in the Lagos State and 25 26 how/if its design meets the growing needs of the local hotel sector. Further, voices of the

1 sanitation workers, who deal with the solid waste collection on the ground with subsequent 2 solid waste recycling and disposal, and opinions of the representatives of the local environmental authorities, who reinforce the operation of solid waste collection and 3 disposal practices in Lagos, should be listened to as they hold potential to provide a useful 4 insight into the practical challenges, operational constraints, and functional barriers of 5 SWM implementation in hotels. Lastly, national culture may determine wasteful consumer 6 behaviour. Hence, future research could look into the cultural drivers of solid waste 7 generation in hotels by monitoring the amounts of waste produced by the guests from the 8 9 different cultural backgrounds and developing appropriate mitigation strategies.

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The authors hereby declare no conflict of interest

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Note on contributions:

Viachaslau Filimonau contributed to the literature review and data analysis and wrote up the manuscript.

Cynthia Oluchi Tochukwu contributed to the literature review, data collection and analysis.

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