

Yellow Door Evaluations Phase 1

Information about the project

The title of our project is: An Evaluation of Yellow Door's Early Years Domestic Abuse Programme

What is the purpose of the research?

Yellow Door is running an Early Years Domestic Abuse programme which you and your child are participating in. They are working with us at Bournemouth University to do this.

The purpose of our research is to independently explore what is working well with the programme, and what needs to be improved to ensure it is having the most positive impact on the children's and adult's lives. Together with Yellow Door, we are gathering and analysing data (information) from children and adults who are participating in the programme. We want to know if the programme can make a positive difference and prevent further abuse. To do this, we want to survey the adults on the programme both before and after completion.

Why have I been invited?

You have been invited because you are taking part in the Early Years Domestic Abuse programme with Yellow Door. Everyone who goes on the programme is invited to take part. You will have been given a Participant Information Sheet which gives you more details about the project, and your options to take part or not. Please read that thoroughly before continuing below.

The questions

All of the questions on the next pages are optional, and it should take about 10 minutes to complete this survey. Your responses are anonymous: you will not be identified or identifiable in any published results.

You must be over 16 to complete this survey. Once you have submitted your responses [online] then it will not be possible to remove them from the study because you will not be identifiable.

Contact information

The survey was designed by [Dr Jane Healy](#), Principal Academic, Department for Social Sciences and Social Work, Bournemouth University (BU). The project was funded by Yellow Door and has full ethical approval from BU.

1. Consent

It's very important that we ask for your consent to take part in this project. Please read the following carefully and tick one of the two boxes below:

I have read the Participation Information Sheet and the information above and agree to take part in this survey:

- Yes - please proceed to next page
- No - you will be directed to the end of the survey

Section 1 - a bit about you

2. Please tell us your age

3. Please tell us your nationality

4. Please tell us your gender

5. Please tell us your ethnic group

6. Please tell us your sexual orientation

7. Please tell us if you have a disability, impairment or condition

8. Please tell us your religion or belief

9. Please tell us how many children you have

Section 2 - the programme

Yellow Door wants to know what is working well on the programme and what needs to be improved. Please complete as many of the questions below as you feel able to:

10. Please tell us who or which organisation referred you onto the programme?

11. Did you experience any difficulties or problems in getting onto the programme? For example, these could be time delays, childcare issues, travelling issues, or any other challenges

Yes

No

12. If yes, please tell us what these were?

13. Please tell us how long you had to wait to join the programme

14. Were you happy with the length of time it took to get on the programme?

Yes

No

15. If no, can you tell us why?

16. Please tell us what your expectations are from the programme - what are you hoping to achieve from the course?

Section 3 - experiencing domestic abuse: Parenting

Thinking and or talking about our children or young people's experience of domestic abuse can be challenging.

17. Please can you answer below in terms of whether you agree or not with the following statements.

I understand how domestic abuse can affect parenting

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident with my parenting

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident about discussing worries regarding domestic abuse

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident discussing my children's experiences of living with domestic abuse with professionals

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident discussing my children's experiences of living with domestic abuse with family and friends

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I enjoy a positive relationship with my child(ren)

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I understand how domestic abuse can affect children

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I understand how domestic abuse has affected me

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I am able to communicate effectively with my child(ren)

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I can manage my child's behaviour

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I know how to put boundaries in place

- Strongly Agree
- Agree
- Not sure

- Disagree
- Strongly Disagree

I know how to build healthy relationships

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I know the signs of an abusive relationship

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I know how to stay safe

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I know how to protect my child(ren)

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I can identify risks to my child(ren)

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

Section 4 - experiencing domestic abuse: ourselves

These questions ask you to think about yourself

18. Please answer below in terms of whether you agree or not with the following statements.

I can identify risks to myself

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I am confident in myself

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I can identify my feelings

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I can express myself in a healthy way

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I have goals I am working towards achieving

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I am able to identify a positive future for myself and my family

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I understand the impact of domestic abuse on myself

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I understand the impact of domestic abuse on my child/children

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I understand the impact of domestic abuse on myself as a mum

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident about discussing worries regarding domestic abuse in relation to myself

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident about discussing worries regarding domestic abuse in relation to my child/children

- Strongly Agree
- Agree
- Not sure

- Disagree
- Strongly Disagree

I feel confident about discussing worries regarding domestic abuse in relation to myself as a mum

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident discussing my child/children's experiences of living with domestic abuse with my child/children (depending on their age and level of understanding)

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident discussing my child/children's experiences of living with domestic abuse with my family

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident discussing my child/children's experiences of living with domestic abuse with my friends

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident discussing my child/children's experiences of living with domestic abuse with my GP or medical

professional

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident discussing my child/children's experiences of living with domestic abuse with my social worker(s)

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

I feel confident discussing my child/children's experiences of living with domestic abuse with Yellow Door staff

- Strongly Agree
- Agree
- Not sure
- Disagree
- Strongly Disagree

Final Question

19. Is there anything else you would like to tell us about the contact you have had with Yellow Door?

Thank you for your time.

If you have been affected by any of the questions above, please speak to the research team or a member of the Yellow Door staff for support.